



## What's Inside?

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- National 4-H Week Posts
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- Shooting Sports Information
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# Ellis County 4-H Happenings October 2024

Hey 4-H Families!

Please read this monthly newsletter carefully, as there is a lot of information provided!

The new 4-H year is HERE! Take advantage of the great opportunities to practice and learn new skills by being actively involved in the Ellis Co. 4-H program. It's time to set goals and plot your plan for getting the most out of this year's 4-H experience.

**National 4-H Week is October 6-12.** We would love to post our active members and their 4-H story to social media, see the information below if interested. What's your club doing to invite new families to join us? **Be sure to WEAR GREEN on Wednesday** and **invite your friends** to come and get involved! **48 Hours of 4-H is October 12-13.** KS 4-H is sponsoring this special service weekend. Be sure your club gets registered for this great way to give back to our community.

There are many great learning opportunities ahead in the new 4-H year. We'll look forward to working and learning together!

As always, if you have questions, don't hesitate to ask . . . a leader, a 4-H member, or Extension Staff.

Join our private Facebook group - **Ellis County Kansas 4-H** for more update information and for deadline reminders!

Yours in 4-H,

**Tamara Robertson**



## Meetings Coming Your Way

**4-H Council (Cookie Thank You Boxes put together)** – October 6, 3:00 p.m. – Ext. Office Backroom  
**Ag Livestock** – Watch for a Doodle Poll

### Ways to Contact Us

- You can reach the Office at (785) 628-9430
- Extension Office fax # is (785) 621-2002
- [el@listserv.ksu.edu](mailto:el@listserv.ksu.edu)
- [www.cottonwood.ksu.edu](http://www.cottonwood.ksu.edu)

### IMPORTANT DEADLINES TO NOTE

- October 1** – 4-H Dog Conference Registration Deadline
- October 1** – KS 4-H Youth Council Aps Due
- October 4** – Cookies for Cookie Thank You Project
- October 4** – Submissions for National 4-H Week
- October 15** – Register for KYLF & KVF @ Rock Springs
- October 18** – RSVP for 4-H Achievement Banquet by 5 pm
- October 18** – Slide Show Pictures to Tamara by 5 pm
- November 1** – 4-H Club Financial Reports due
- November 22** – Water Ambassador Aps. due

Remember, **DEADLINES** are **DEADLINES** in **Ellis Co. 4-H**. Please pay attention to and respect those deadlines so that your child doesn't miss out on an opportunity!

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All educational programs and materials available without discrimination on the basis of race, color, religion, national origin, sex, age, or disability.

Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact Ellis Co. Extension, 785-628-9430 or Michelle White-Godinet, Assistant Director of Affirmative Action, Kansas State University (TDD) 785-532-4807.



## KANSAS STATE FAIR

Congrats to all 4-H'ers who exhibited or participated in this year's fair. There were a number of personal "bests" at the event. Way to represent, Ellis Co. 4-H'ers!!!

## KANSAS STATE FAIR EXHIBITS

Watch the Hays Arts Council Main street window for your state fair exhibits to be on display starting October 8<sup>th</sup> through the 25<sup>th</sup>. Exhibits that are on display for National 4-H week will be at the Achievement Banquet on October 26<sup>th</sup> for pick up. After that, they will return to the Extension Office. **We ask that everything be picked up by November 1<sup>st</sup>.**

## 4-H YOUTH ENROLLMENTS

Welcome to the New 4-H year! The 4-H Online enrollment system is open now to update your enrollment choices for 2024 - 25. **Even if you are enrolling in the same projects, you will still need to log-on and update your profile and make project selections.**

The \$15 fee per member is payable to the KS 4-H program as you enroll. **Your enrollment is not considered complete until you make a payment and hit the SUBMIT button.** You can pay by credit card or by check to the State 4-H Office. **Payments do not come to the local Extension Office.** If this fee is a hardship for your family, you can select the "Request a Waiver" button and the State 4-H Office will consider your request.

**We ask that you take time this month to complete this process and have everything finalized ASAP.**

You will be able to add projects or delete them from your list of enrollments until May 1 for all areas, **except Livestock and shooting sports projects. Those need to be enrolled prior to the weigh-in and identification date set for each specie or before the first SS practice.** I.e. Market Beef is usually weighed in early February and Small Livestock weighed in in late April/early May.

## 4-H ADULT VOLUNTEERS

4-H volunteers working directly with youth in the club, as a leader or project leader are required to go through this screening and training process. The training module is available as part of the 4-H Online website. You will complete a profile for yourself under your family account.

Contact the Ext. Office to let us know you've completed these steps to schedule an interview. At that time, we will provide you with a link to the background check process.

**National Background Checks**—Kansas 4-H requires national background checks for all volunteers. 1/3 of our 100+ current VIP volunteers will go through this process this year. Your club leader has this list and will be contacting you to complete this process now. **All volunteers will be required to go through this process every 3 years.**








**Current & Returning Volunteers** - If you are a current screened volunteer in your 4-H club and plan to continue to do so, please **UPDATE YOUR INFORMATION** on the 4-H Online system **by November 1.**

**New Volunteers** – **will need to add yourself to your family profile in 4-H On-line.** Visit with your club's leader or our office if you need assistance with this!



## 4-H PROUD, 4-H GROWN!

OCTOBER 6-12, 2024

Sunday	Selfie Sunday	
Monday	Monday Motivation	
Tuesday	Tuesday Trivia	
Wednesday	4-H Spirit Day!	
Thursday	Throwback Thursday	
Friday	Friday Night Lights	
Saturday	Saturday Service- #484H	

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## NATIONAL 4-H WEEK

For National 4-H Week we would love to share the impact of 4-H on our local members. The idea is to post every few hours through the day for the whole week, but will be limiting the number of postings per day to the first 5 entries. Please pick a date that you feel comfortable sharing about and email it to Jacy at [jacylb31@ksu.edu](mailto:jacylb31@ksu.edu). If that days entry limit has been reached, you will be notified and asked to submit for a different day.

**Sunday** – Selfie Sunday – Post those selfies and share your 4-H Story!

**Monday** – Monday Motivation – How do you make the best better?

**Tuesday** – Trivia Tuesday – Did you know? Tell us something we don't know, a fun fact you learned in 4-H. For example:

- Did you know that rabbits' ear length can be affected by heat?
- Did you know that you can tell a goat's age by the number of teeth they have?

**Wednesday** – 4-H Spirit Day! Wear the clover with pride!

**Thursday** – Throwback Thursday – Throw it back old school

**Friday** – Friday Night Lights – Spotlight of 4-H Alumni

**Saturday** – Saturday Service – 48 Hours of 4-H – how do you serve your community?

If you or your 4-H member would like to be featured on the [Cottonwood District Facebook](#) and Instagram page @cottonwoodextensiondistrict, please submit your entries (with photos to draw attention) **by 5 PM October 4<sup>th</sup>**.



### 48 HOURS OF 4-H

Join us October 12-13 in seeing just how much we can give back to our communities! The weekend after National 4-H Week, is the perfect opportunity to setup a service project. Invite your friends, clubs, adult volunteers, and past 4-H'ers too!

Find all the information here and start planning your projects at <http://www.kansas4-h.org/484H>

**4-H Leaders** – Remember to register your club's project on the kansas4-h.org website so that they can track how many youth and hours went into this statewide effort!

### EVENT SCHOLARSHIP AVAILABLE

The 4-H Scholarship and Development Committee has funds available for all Ellis County 4-H members. The [Event Scholarship Application](#) can be completed to attend any event that would benefit youth. Events can include 4-H camps, livestock clinics, shooting sports competitions, and more that would help youth build on their skills. Members should complete the application and turn into the office 2 weeks before the event registration is due.

### GET INVOLVED IN 4-H SHOOTING SPORTS

Ellis County 4-H Shooting Sports program provides an opportunity for caring adults to assist kids in positive youth development.

All youth aged 8 to 17 years old before January 1 of the current year can participate in 4-H Shooting Sports. Currently, Ellis County 4-H offers the following shooting sports disciplines: Air Rifle, Archery, BB Gun, Hunting Skills, Shotgun, and Smallbore Rifle.

If interested in shooting sports, please contact, Kelli Herbers, Shooting Sports Coordinator, for more information.

Email: [ellis coordinator@outlook.com](mailto:ellis coordinator@outlook.com) or Phone: (785) 337-0169

### 4-H COUNCIL COOKIE THANK YOU PROJECT

On October 6, 4-H Council will put together the Cookie Thank You boxes for our 2023-2024 Ellis County 4-H Sponsors. It is asked that each family is asked to bring **2 dozen individually wrapped cookies to the Extension Office by 5PM October 4<sup>th</sup>**. Council members will then be delivering these during National 4-H Week.

### 4-H ACHIEVEMENT BANQUET– Moin' & Groovin' with 4-H!

Each year we meet at the end of the current 4-H year to celebrate the successes of our members, parents, leaders and to thank our 4-H supporters. Be on the look out for an invitation in the mail with all the details!

This year's theme is **"Moin' & Groovin' with 4-H!"**. The committee's been working hard to bring you a fun event. **Plan to join us for a special fun activities**, supper and award presentations on October 26<sup>th</sup>. Everything gets underway at 6 p.m. Meal will be served at 6:15 and award ceremony at 7.

**Pictures for Slide Show** – Again this year, there will be a "year in review" slide show being shown before the awards ceremony. If you have any pictures of your child or club that you would like to share, please email them to [tarobertson@ksu.edu](mailto:tarobertson@ksu.edu) with JPEG copies. **Please have any pictures submitted by 5 pm on October 18<sup>th</sup>**!

**Groovy Costume Contest** – Everyone is encouraged to participate by wearing a groovy costume. **Wear it when you come to the banquet and someone will take your picture to add to your voting bag.** There will be 4 age divisions, including adult! **Prizes will be awarded in each division. Everyone in attendance can vote by making a monetary contribution to the costume they like best.**

**Attire** – Dress for this event is casual but don't be afraid to dress up!! We will have a photo backdrop so you and your friends can have your picture taken!

**Please RSVP to the Extension Office by 5 pm Friday, October 18 to reserve your meal.** While there currently is no cost to

attend, please be aware that if you sign up and don't show up to eat, we still have to pay for your meal! And that takes \$\$ away from other important 4-H activities that 4-H Council sponsors. **Your club will be billed for every meal that is not served as reserved.** The caterer will provide the meal and the dessert this year.

We'll again be holding the **Basket Silent Auction and Live Auction** to benefit the Scholarship Fund. Thanks to the clubs for donating a basket of \$40 value for this project! **Be sure to notify Theresa of your theme choice and have them there by 5:30 p.m. on October, 26<sup>th</sup>.**

### **4-H Dog Conference and Quiz Bowl at Rock Springs is October 19-20**

If you love working with your dog, check out this great statewide event all about dogs! The educational sessions are open to youth and adults interested in the Kansas 4-H Dog project. To participate in the quiz bowl and public speaking 4-H enrollment is required. 4-H members must have an adult attend with them. **Registration is open now and is due October 1.**

### **KANSAS YOUTH LEADERSHIP FORUM**

The [Kansas Youth Leadership Forum](#) will be November 23-24, 2024 at Rock Springs Ranch. The Forum is for youth ages 14-18, as of January 1, 2025. **Registration is open now and the deadline is October 15.** This event includes: speakers, workshops, consulting groups and election of the State 4-H Youth Council.

### **4-H VOLUNTEER FORUM**

The Kansas Volunteer Leaders Forum is an opportunity for volunteers from around the state to learn together while building a network of likeminded passionate adults. Participants will have the opportunity to dive into interactive content they can use to engage their youth members, connect with state and local extension staff to learn about new and exciting 4-H happenings, and engage with the Kansas Association of 4-H Volunteers as a support system for volunteering efforts throughout the year. This event is at the same time as KYLF, November 23-24 at Rock Springs Ranch.



To learn more and to register, visit [Kansas Volunteer Leader Forum](#) **Deadline to register is October 15.**

### **4-H WATER AMBASSADOR APPLICATIONS OPEN**

Teens 13 and up are invited to apply to join the 4-H Water Ambassador team for 2025. Here's a chance to help educate others on the importance of our water resources. The team members will receive training and go out into the community to teach others at schools and community events throughout the year. Application can be found at [4H Water Ambassador Application](#) **Due date is November 22<sup>nd</sup>** with interviews later in December.

### **SHUTTERBUG & LIVE WELL, LEAD WELL WORKSHOPS**

See graphic below for more details - 4-H Shutterbug Photography & Live Well, Lead Well Workshops will take place on Saturday, October 26<sup>th</sup> at the Ag Research Center. Time for the day will be 9:00 AM - 12:00 PM Shutterbug, LUNCH, 1:00 PM -5:00 PM Live Well, Lead Well. Price is \$3 for each portion or \$6 for the whole day. Registration for both events can be found at this link <https://kstate.qualtrics.com/jfe/form/HaysShutterbugAndLiveWellLeadWell>

### **2024 OFFICER TRAINING – BEYOND READY**

Again, this year we're offering free Regional 4-H Officer training. Your club can join the fun at a regional 4-H Officer Training held on Friday, November 15, 6 – 8:30 p.m. at the 4-H Educational Building - Great Bend, KS. You don't have to be a current officer to participate in the training. This is your chance to learn more about a specific office and meet some other 4-H members, too. There will also be a session for parents & leaders.

To join this fun learning session, **register on-line by 5pm on Wednesday, November 6th!** [Get registered for this FREE session.](#)

### **CLOVER CHRISTMAS MARKET – HELP IS NEEDED**

The Ellis County Scholarship and Development committee is looking for your help! The craft show is on December 7, 2024 at the Fairgrounds. They are looking for individuals or clubs to help us with Set up on Thursday, December 5, 2024 from 6-8pm and Tear down on December 7th from 3:00 to 4:30pm. Set up will include measuring and taping off booth spaces. Tear down will include putting away tables and chairs, removing tape, helping vendors pack out and sweeping the floors.



This is a perfect opportunity for community service or any volunteer hours needed. This is also a great time to put in the required hours if you received a scholarship or funding from The Scholarship and Development committee this year. **If you are able to help, please contact Rhiannon Corn at 785-432-3495.**

## AS EACH 4-H YEAR BEGINS, REMEMBER...

- 4-H youth are more important than the fair project exhibit or the competition.
- Learning how to do a project is more important than the project itself. To “learn by doing” through a useful project is fundamental in any sound educational program, and is characteristic of the 4-H program.
- There is more than one good way of doing most things.
- Our job is to teach 4-H members how to think, not what to think.
- Winning isn’t always measured by the results of the ribbon or judging event, but by the character of the 4-H’er, parent and leader.

# TWO 4-H EVENTS - ONE DATE!

## SATURDAY, OCT 26

### HAYS, KS

### SHUTTERBUGS

**Who should register:**  
4-H members in the north west area enrolled in the photography project who are interested in learning new skills and photography techniques! Family members may attend as well as long as they are registered. This is a great way to get a head start on your photography project!

### LIVE WELL, LEAD WELL

**Who should register:**  
All 4-H youth age 7 to 18 are asked to join us for an exciting afternoon (1 p.m. – 5 p.m.) packed with interactive, hands-on activities designed to help you build a Strong Mind, Active Heart, Helping Hands, and Healthy Lifestyles.

**Location for both events:**  
Agriculture Research Center, (Big Creek) 1232 240th Ave. Hays, Ks.

**Times for both events:**  
Shutterbugs 8:30 – 12:00 Light Lunch Live Well, Lead Well 1:00 – 5:00

### Event Topics:

- Black & White photos
- Composition
- Tricks with light--colored bottles
- Macro
- Reflections/Avoid reflections
- Bubbles
- New This Year: Drone Photography Demo



### Event Objective

Participants will learn and practice Yoga movements & breathing techniques, resting & active heart rates, become aware of benefits of helping others, and create a healthy smoothie.



**Accommodations:**  
K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting Amy Collins by October 22 at 785-532-8300. Requests received after this date will be honored when it is feasible to do so.

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# BEYOND READY

## 4-H Officer Training

November 15, 2024  
6:00p.m. - 8:30p.m.  
4-H Educational Building - Great Bend, KS  
601 N Hwy 281, Great Bend, KS

If you've been elected to an important office in your 4-H Club. Come learn your roles and responsibilities for your club. 4-H alumni and other volunteers will be presenting the sessions.

Pizza and drinks will be provided

RSVP with the link provided or the QR code by November 6th

[https://kstate.qualtrics.com/jfe/form/SV\\_1zQ8Zp5wRgWnTLO](https://kstate.qualtrics.com/jfe/form/SV_1zQ8Zp5wRgWnTLO)

**Barton County—620-793-1910**

**Ellis County—785-628-9430**

**Midway District—785-483-3157**

Parents come learn how to take your role BEYOND as a parent, leader, and volunteer. By learning about online resources, policy, and and helping 4-H'ers Thrive.



K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Karrie Van Winkle two weeks prior to the start of the event on November 15th at 785-483-3157 or karrievan@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.