



# 4-H DAY ENTRY FORM

## Sunday, March 1, 2026

Please complete a form for each 4-H member. (Additional copies available from the Extension Office or printed from the website [www.cottonwood.ksu.edu](http://www.cottonwood.ksu.edu)) Return completed forms to the Extension Office by Friday, February 20, 2026. OR [go on-line and complete your entries](#). Activities involving more than two 4-H families should be submitted by the club's Leader. All other entries should be completed and submitted by each 4-H family. The age of the 4-H'er is determined by their age on January 1, 2026.

A "⌘" will note the categories that are eligible to advance to the Regional competition which will be held in Hays, Date and Location is TBA.

### 2026 4-H Day Individual Entry Form

Return by Friday, February 20, 2026

NAME \_\_\_\_\_

4-H Age (as of Jan. 1, 2026) \_\_\_\_\_ Circle Your Division: Jr. – 7 – 9    Int. – 10 – 13    Sr. – 14 & up

Phone \_\_\_\_\_ 4-H Club \_\_\_\_\_

I will need special equipment (Please list) ie. Projector, laptop \_\_\_\_\_

**If you have a PowerPoint presentation, please bring it on a flash drive!**

I plan to enter the following event(s) on March 2:

#### SPEAKING EVENTS

SHOW-N-TELL (Cloverbuds 5 & 6 yrs old, Participation ribbon awarded)

SHOW-N-TELL (7 & 8 yrs. Not competing in Demonstration / Illustrated Talk categories)

Project Talks (7 – 13 years)

Demonstration / Illustrated Talk (7 & up) If team talk, list partner here \_\_\_\_\_

Check here if you are doing a PowerPoint presentation

Public Speaking (all ages) – only 14 & up considered for Regional competition.

Extemporaneous Speaking (age 14 & up)

4-H Public Service Announcement (all ages – recorded prior to 4-H Day- See guidelines)

#### PERFORMANCE EVENTS

Reading

Piano Solo

Accompanist \_\_\_\_\_

Vocal Solo

Individual Dance

Accompanist \_\_\_\_\_

Description \_\_\_\_\_

Instrumental Solo

Individual Talent

Accompanist \_\_\_\_\_

Description \_\_\_\_\_

ARI (10 & up)



## 2026 ELLIS COUNTY 4-H DAY GUIDELINES

A “⌘” will note the categories that are eligible to advance to the Regional competition.

### PUBLIC PRESENTATIONS

#### PROJECT TALKS

- A. Age: Cloverbuds – 5 – 6 years (participation only)
  - ⌘ Junior – 7 – 9 years
  - ⌘ Intermediate – 10 -13 years
- B. Time: 3-7 minutes
- C. Visuals may be used, including PowerPoints.
- D. Topic is of 4-H’ers choosing, though usually on his/her actual project
- E. Do not ask for questions at the conclusion of talk

⌘Regional categories are Junior - 7 - 9 & Intermediate – 10 - 13 - 2 selections from each category advances to Regionals @ judge’s discretion.

#### PUBLIC SPEAKING

- A. Age: Junior – 7 – 9; Intermediate – 10 -13 years
  - ⌘ Senior - 14 years and older
- B. Time: 5-10 minutes, 15 minutes maximum.
- C. One or two note cards are suggested.
- D. Outlines should be provided for the judge before presentation. If presenting virtually, send your outline to the Ext. Office ahead of the event.
- E. Presentations must be the 4-H’er’s own original work of any topic of their choosing.
- F. No visuals used.
- G. Questions are not asked for at the end of a speech.

⌘ 2 selections from Senior category advance to Regionals @ judge’s discretion.

#### EXTEMPORANEOUS SPEAKING

This event is designed for 4-H members 14 years of age and older as of January 1, who don’t have time to prepare a speech or talk for 4-H Day but would like to participate.

4-H’ers participating this year will draw a question, then will have 10 minutes to prepare at the event. The talk should be 3-5 minutes in length and should include an introduction, body and summary. One note card can be used.

⌘ 2 selections from Senior category advance to Regionals @ judge’s discretion.

#### 4-H RADIO PUBLIC SERVICE

##### ANNOUNCEMENT (PSA)

Get a team together or do this as an individual. Create a 30 second “info-mercial” about why your friends should join 4-H, favorite projects or anything else that may promote 4-H. These entries may be used for 4-H promotion throughout the year. **This event is not eligible for Regional 4-H Day. Contact the Extension Office prior to 4-H Day for more information.**

### DEMONSTRATIONS AND ILLUSTRATED TALKS

**DEMONSTRATIONS** - Involve DOING AND MAKING something while giving an explanation. It uses actual items, supplies, equipment, people or animals while going through a process. There is usually a finished product to show.

**ILLUSTRATED TALKS** - MUST use visuals, poster, PowerPoint presentations, models, etc. to emphasize a point or to add interest to talks.

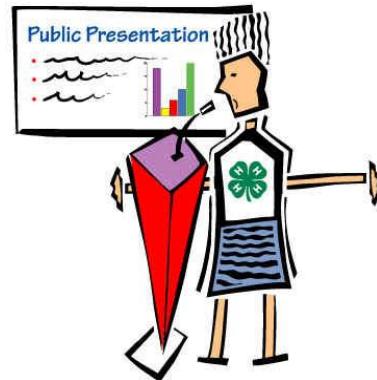
- A. Age: ⌘ Junior – 7 – 9 years
  - ⌘ Intermediate – 10 -13 years
  - ⌘ Senior - 14 years and older
- B. Time: Junior / Intermediate - at least 4-7 minutes; Senior at least 5-10 minutes maximum.
- C. Either team or individual presentations.
- D. All necessary equipment provided by 4-H’er.
- E. Topic is of 4-H’ers choosing.

⌘Regional categories are Junior 7 – 9, Intermediate – 10 - 13, Senior 14 & up. 2 presentations in each age division are selected for Regional competition @ judge’s discretion.

#### SHOW-N-TELL

- A. Age: Cloverbuds and 7-8 years\*
- B. Time: 1-3 minutes
- C. Posters are not required; however, the 4-H’er must have an object to display.
- D. Topic is of 4-H’ers choosing, not necessarily a 4-H project.

\*This division is for 7-8-year olds not competing in Project Talks or Junior Demonstrations.





## MUSIC

### VOCAL (Ensemble or Chorus)

- A. Age: **⌘** Junior - 7-9 years
- ⌘** Intermediate - 10-13 years
- ⌘** Senior - 14 years and older
- ⌘ Only 1 selection in each age division will advance to Regionals @ judge's discretion.**
- B. Ensemble is composed of club or composite groups from two or more clubs; a total of 2-15 members, not including accompanist. A Chorus is 16 or more members, from one club or a composite of two or more clubs. If membership is below 16, a chorus of 12 is acceptable.
- C. Group will sing one number of their own choosing.
- D. Copy of selections, with numbered measures, will be given to judges before performing.
- E. Director and accompanist need not be 4-H'ers, but they cannot sing with the group unless they are 4-H'ers.
- F. Selections are not required to be memorized.
- G. Singing may be with or without accompaniment.

### INSTRUMENTAL (Ensemble to Band/Orchestra)

- A. Age: **All Ages**
- ⌘ Only 1 selection will advance to Regionals @ judge's discretion.**
- B. Ensemble is composed of 2-15 members from one club or composite group from two or more clubs. A band is 16 or more members.
- C. Copy of selections, with numbered measures, will be given to judges before performing.
- D. Director need not be a 4-H'er. Individuals cannot play with the group unless they are 4-H'ers.
- E. Group will choose and play one number.
- F. Selections are not required to be memorized.

### PIANO SOLO (only keyboard available)

- B. Age: **⌘** Junior - 7-9 years
- ⌘** Intermediate - 10-13 years
- ⌘** Senior - 14 years and older

### **⌘ 1 selection from the individual instrumental, including piano, will advance to Regionals @ judge's discretion in each age division.**

- B. Participants will play only one number.
- C. Copy of selection will be given to judges before performing. Measures are to be numbered.
- D. Selection is not required to be memorized.
- E. Include 1-2-minute presentation on the instrument, composer, etc.**

### INSTRUMENTAL SOLO

- A. Age: **⌘** Junior - 7-9 years
- ⌘** Intermediate - 10-13 years
- ⌘** Senior - 14 years and older
- ⌘ 1 selection from the individual instrumental, including piano, will advance to Regionals @ judge's discretion in each age division.**
- B. Participants will play only one number.
- C. Copy of selection, with numbered measures, will be given to judges before performing. **If doing virtually, email a copy of your music to the Ext. Office prior to the event.**
- D. Selection is not required to be memorized.
- E. Include 1-2 minute presentation on the instrument, composer, etc.**

### VOCAL SOLO

- A. Age: **⌘** Junior - 7-9 years
- ⌘** Intermediate - 10-13 years
- ⌘** Senior - 14 years and older
- ⌘ 1 selection from the individual vocal solo in each age division will advance to Regionals @ judge's discretion.**
- B. Participant will sing only one number.
- C. Copy of selection, with measures numbered, will be given to the judges before performing.
- D. Accompanist need not be a 4-H'er.
- E. Selection is not required to be memorized.
- F. Include 1-2 minute presentation on the instrument, composer, etc.**

### DANCE

- C. Age: **⌘** Junior - 7-9 years
- ⌘** Intermediate - 10-13 years
- ⌘** Senior - 14 years and older
- ⌘ 1 selection from each age dance categories advance to Regionals @ judge's discretion.**

### FOLK DANCE

- Circle dance, polka, schottische, etc., done by one to six couples.

- A. Any age included.
- B. Group limited to one dance or five minutes performing time.
- C. All necessary equipment provided by 4-H'ers.

### SQUARE DANCE

- A. Any age included.
- B. Group will consist of one set of four couples.
- C. Group limited to one dance or to five minutes performing time.
- D. Recorded or live music may be used. The musicians must be 4-H'ers.
- E. A record with calls or a live caller may be used. Caller must be a 4-H'er.**

**OTHER DANCE** - Tap, ballet, acrobatic dance, etc.

- A. Any age included.
- B. May be individual or group. Group cannot exceed 12 persons.
- C. Participants limited to one dance or five minutes performing time.

### TALENT

**READING** - Dramatics, interpretive, humorous, or other type of reading.

- D. Age: **⌘** Junior - 7-9 years
- ⌘** Intermediate - 10-13 years
- ⌘** Senior - 14 years and older

- B. Presentation should be one that can be done in five minutes.
- C. Need not be memorized.

**⌘ 2 selections from each of the above categories advance to Regionals @ judge's discretion.**

### SKIT/CREATIVE DRAMATICS

- A. Any age and number in group.
- B. Designed for original skits written by 4-H members or other amateurs.
- C. Time: Should be 5-15 minutes.
- D. Skits may be rehearsed or extemporaneous.
- E. Skits need to be memorized, except for narration.
- F. Does not have to be 4-H related

The group should be given a basic situation for the theme of the skit. Five minutes should be allowed for planning and preparation. Skits should not exceed 15 minutes.

**⌘ 1 entry is selected to represent Ellis Co. at the Regional competition.**

### ONE-ACT PLAY

- A. Any age or number in group.
- B. Only one setting is allowed. A maximum of 10 minutes may be used to set the stage. The curtain may be dropped to denote the passing of time, but a change of setting is not allowed.
- C. If a royalty play is used, the group will be responsible for the royalty. A receipt must be available upon request.
- D. Time: Maximum time of 30 minutes.
- E. Each group will be responsible for all scenery, property and effects.

**OTHER TALENT** - Novelty numbers, stunts, pantomime, puppets, and other types of talent than those already listed.

- A. May be individual or group of any age.
- B. Time: should not exceed five minutes.

**⌘ 1 entry is selected to advance to Regional competition.**

### APPLICATION, RESUME, INTERVIEW (ARI)

ARI allows 4-H'ers to practice their skills in applying and interviewing for a job. Submit application and resume by the event entry deadline. Interview is conducted during 4-H Day. See [guidelines](#) on our [website](#).

- A. Age: Intermediate – 10-13 years
- Senior - 14 years and older
- B. Present yourself as you would for a real interview.
- C. Interviews will focus on your qualifications for the position based on your application package.

**This event is not eligible for Regional 4-H Day.**

### MODEL MEETINGS

Model Meetings are not held during 4-H Days. Clubs choosing to participate will have their regular January, February or early March meeting videotaped by the club and submitted to the Extension Office along with the agenda, notes and official minutes of the meeting.

- A. This year all clubs will include the motion, “*to amend a motion*” into your club’s meeting.
- B. An official typed copy of the minutes and the Secretary’s NOTES should be returned to the Extension Office by 1 week following their meeting.

At the Regional competition, only the business portion is presented, working from chosen scenarios.

**⌘ 1 club is selected to advance to Regional competition.**

There are several publications that are available at the Extension Office to help you with parliamentary procedure. Visit our website [www.cottonwood.ksu.edu](http://www.cottonwood.ksu.edu) – 4-H – Member Corner to find the Officer Resources Link.



## Scheduling

Club skits will go first at 2:00 p.m. Schedules will then be posted outside of each room and it will be FIRST COME, FIRST SERVED. **It will be your responsibility to sign up for a judging time.**

## Room Monitor Duties

We ask each club to take their turn in helping out. Visit with your club leader or stop by the Ellis Co. website to learn more about your room monitor duties. Thanks!

Jr./Int. Demonstrations & Illustrated Talks – **BCA**

Readings – **GJ**

Talent (Skits, Dance & Other Talent) – **Sanctuary – VV**

Project Talks, Show & Tell – **GH**

Public Speaking, Extemp. Speaking, Sr. Demo – **ES**

Warm Up Room & ARI – **BJF**

**Restrooms & Lobby – Everyone's responsible to make sure these are kept in good order during the event. Thanks for doing your share to keep the facility clean!**

We are available to assist 4-H'ers in planning their presentations.

Give our office a call if you need any assistance!

785-628-9430