SCHOOL HOLIDAY RULES

You may have as much time on the Ipod/TV as you like – as long as all of these jobs have been done before you turn on the screen.

Have you:

✓ Made your bed
✓ Eaten breakfast
✓ Dressed
✓ Brushed your teeth
✓ Brushed your hair

○ 20 Minutes of reading
○ 20 Minutes of writing or coloring
○ Clean up 1 room (TV room/Bedroom)
○ Played outside for 30 minutes
○ Made or built something creative (lego, craft, sand, etc...)
○ Helped someone in the family (Ask if there is a job you can do, if you can’t think of something yourself.)
○ Other ______________________________