

Looking ahead

Last week I interviewed for the Family and Community Wellness Position for Cottonwood District. I was offered the job and accepted it. I will do my best to wrap things up here by the end of March and then I will be heading to Hays to start a new venture.

I have always said, "There is nothing that can stay exactly the same forever." I wish Barton County all the very best in your 4-H work and I hope you welcome the new 4-H agent with big smiles and lots of enthusiasm. I hope to see lots of you at 4-H Day and then the March 4-H Council meeting will be one of my last 4-H agent duties.



4-H Council Meeting

The March meeting for 4-H Council will be held Monday, March 18th, 7:30 p.m. at the 4-H building.

Please plan to attend or send a substitute. We will be voting on the t-shirt design!! **The t-shirt & BBQ committee will meet at 6:45 pm and report back at 4-H Council. Junior Leaders will meet at 6 pm.**

Barton County Winter Classic February 16 at Expo I

All 4-H members enrolled in air rifle should have received information from your air rifle leaders. The same information is posted on the state 4-H website: www.kansas4-h.org Look under projects and then shooting sports. Please print off the registration form and sign up! **Registration forms and entry fees are due February 5th** so flight schedules can be set up. Please pay your registration fees and get them to your leader or the Extension Office.

4-H Day Entries

Don't forget 4-H Day entries are due February 8th! Please complete the 4-H Day entry form in this newsletter or e-mail bunruh@ksu.edu or bwalton@ksu.edu. If you have questions please feel free to give us a call, but entries in written form are requested so there is no miscommunication.

The schedule will be sent out on about February 15th and Brenda will post it to Facebook and will email it to all 4-H families.

If you have time requests, please note that on the entry form and we will do our best. Please respect the fact that we cannot fit everyone in at 3 pm especially if you plan to be in 3 events.

Looking forward to receiving your entries!

"New Members" enroll by March 1

Please help get all NEW members enrolled by March 1. All returning members were asked to re-enrollment by December 1st and then have until May 1 to drop or add projects.

This deadline is necessary to get project work started and for project groups such as dog and archery to get organized and get prepared for competitions.

In order to exhibit in the 4-H division at the Barton County Fair, enrollment in 4-H online must be completed by December 1 for returning members and by March 1 for new members.

4-H Scholarships

There will be two 4-H scholarships given in memory of Carl and Evelyn Miller. Applicants must be current or former Barton Co. 4-H member enrolled (or will be enrolling) as a freshman or sophomore in college. The application is due June 1.

The local 4-H Holding Board Scholarship application is also due June 1. The application is posted at cottonwood.ksu.edu The application requires a letter of recommendation and the essay question must be handwritten by the member.

The Barton County Fair Association scholarship is due mid-June and the applications are available from the Fairboard. Please email info@bartoncountyfair.com to get an application.

All three scholarships are non-renewable.

Archery Meeting - Feb 10 - 4 pm

An organizational 4-H Archery meeting will be held Sunday, Feb. 10th at 4 pm at the 4-H Building.

If there is enough interest, meetings will be held on Sundays from 4-6 pm and on Tuesdays at 7 pm?

NO Second Saturday Sewing

Both Donna and I will be out of town on February 9th. If one of our volunteer screened adults would like to step up and lead the session on this day, please let us know and we will send out an email to sewing kids.

Food Preservation Newsletter

Karen Blakeslee invites you to read the January/February 2019 edition of Food Preservation news. This newsletter is a joint effort between KSRE and University of Missouri Extension. The newsletter can be found at <https://www.rrc.k-state.edu/preservation/index.html> in the top right column. There is also an archive of past issues.

Advanced Gardening for high school seniors

Heartland Farm is offering a workshop on Saturday May 11th 8 am - 4 pm. You will start the day with an overview and then get to practice hands on gardening. Topics covered: starting seeds, building compost, bed preparation, watering techniques, crop selection, transplanting and more. Google "Heartland Farm Hands-on Workshops". The cost is \$10 which includes lunch.

Volunteer Screening Reminders

Please remember we need all parents and leaders working with youth to complete the Volunteer Screening process. If you have not done so please go to: <https://ks.4honline.com/> and log in to your families profile and sign up as a volunteer leader. On the second page of the 4-H online enrollment you will click "direct volunteer" and then right below this is a place to click "here" and complete the 4-H service application OR to complete a renewal form. Quick and easy!

Each year, leaders must re-enroll online to continue as a leader, just as members do.

Volunteer Screening Policy and Procedures

4-H Volunteer screening must be completed by any individual who works in close, ongoing interaction with youth or any adult or youth with authority to independently plan and conduct 4-H

educational experiences for youth. This includes community leader, project leader (both club and countywide), activity leader, judging team coach, overnight event chaperones, chauffeur drivers for any 4-H activity and camp counselors.

For new volunteers: The first step is to fill out the volunteer form, complete an interview, then attend a Volunteer training or take the online training.

The next step will be to complete a background check online. The office can send you a link. An email address is needed to receive the secure link from Validity. Then the Board must approve you.

Continuing volunteers must submit a renewal form every year or the volunteer will have to start the process over. Currently a background check will have to be completed every three years. All new leaders and camp counselors will have to complete the process.

Age for Shooting Sports

The Kansas 4-H Shooting Sports program adheres to the National Shooting Sports policies. The national policy regarding youth participation is as follows: "4-H Shooting Sports programs are open to all youth 8 years of age or older (as of January 1 of the current year) without regard to race, color, sex, handicap, religion, age or national origin. Each Land Grant University determines 4-H maximum age eligibility. Note that the age eligibility for National 4-H shooting sports events are determined by the National 4-H Shooting Sports Committee and may be different than that of states. 4-H Clovers (age 5-7) are not eligible for any aspect of 4-H Shooting sports programs as these are not age appropriate activities." 4-H online does not allow youth under the age of 8 to enroll in 4-H Shooting sports.

Project Meetings and Leaders

The number one reason youth join 4-H is to learn a new skill. Project meetings are the very best way to learn about a new project. Are you a project leader or would you consider serving as a project leader?

How do you get started? One place to start is to find out what leaders are needed. It might be possible for you to invite just a few members to join your own child for a project learning experience - like Mandy is doing for Cloverbuds. There are some projects that have lower enrollment and a county-wide project group would be beneficial.

Livestock and Ag

Beef Weigh-In - Feb. 23rd

The beef weigh-in for market beef animals will be held Saturday, February 23rd at Countryside Vet from 9 - 10:30 am. All market beef animals must be weighed in on this official weigh-in date. If your family has a conflict, please work with another family in your club and see if they can help you out.

All market animals going to the KJLS and KSF will be required to have EID tags. PLEASE let us know if you will be taking your beef animal on to KSF or KJLS so the correct eartag is used.

Deadlines for Livestock for 4-H Shows

May 1st: Beef DNA samples due for KJLS and KSF
Horse I.D.s and Vaccine Forms Due
June 15th: DNA samples for swine, sheep and goats
due for the KSF and KJLS
July 15th: Entry deadline for the Kansas State Fair
for Beef, Sheep, Swine and Goats
August 1 - Entry deadline for KJLS

More info at www.youthlivestock.ksu.edu

Market Livestock Sale Guidelines

In order to sell through the Sale of Champions at the Barton County fair, the 4-H member must:

- ◆ Attend a livestock quality assurance training annually or complete online training.
- ◆ Attend a minimum of five 4-H club meetings during the year.
- ◆ Turn in a medication form that includes the eartag number of the animal and a complete list of all medications that have been used since the animal was purchased. The form is due at the livestock check-in point at fair.
- ◆ Deliver BBQ tickets to previous livestock buyers before the scheduled date.
- ◆ Show your animal AND walk your animal through the ring at the Sale of Champions

All Livestock Projects must be in your sole ownership by May 1, 2019 for you to be eligible to exhibit at the county fair, state fair, & other shows. Some shows will require registration papers on registered animals & they must be in the name of the 4-H member.

Market Hogs and Market Sheep

If you have questions about where to get lambs or pigs for the market project, you may want to visit with livestock project leaders in your 4-H club. We also get some information in the office on club sales that some individuals send us.

Livestock Leadership Academy

The 2019 K-State Animal Sciences Leadership Academy (KASLA) will be held in June 5-8 in Manhattan, KS. This is designed to educate youth about the livestock industry through an engaging summer experience hosted by K-State Animal Sciences and Industry. The goal of this academy will be to further develop young leaders within the livestock industry and prepare them for a successful future in this field. **Applications are due April 1.**
<http://bit.ly/KSUASILeadershipAcademy>

Horse Panorama Results

Congrats to our horse members for attending and competing at the State 4-H Horse Panorama! **Talen Barry, Johnay Bauer, Kirsten and Kylee Miessler, Adessa Prosser, Falyn Spangler, Savanna and Shaelyn Richmeier, Regan Wetzel.**

Regan was named Champion on her Illustrated Talk, Kirsten was Reserve Champion Illustrated Talk. Talen Barry had the Reserve Champion Demonstration. Savanna Richmeier exhibited the reserve champion Logo Design. Kylee placed 4th in Horse Photography. Adessa was on the reserve Champion Open Quiz Bowl and placed 3rd with her Illustrated Talk. Johnay was on the 4th place open Quiz Bowl team. Falyn gave a great Illustrated talk and placed well in Hippology. Shaleyn had a great score on her Equine Diorama and won the Peoples Choice award!

Special thanks to Deidre Moran Barry for preparing them for the competition and to Wendy Prosser and Deidre for serving as chaperones.

Updated information on horse activities can be found on the Facebook group "Barton County 4-H Horse Club". This is a closed group and you will have to ask to join.

4-H Horse members will meet on Sunday, Feb. 3 at 5:30 pm at the Extension Office.

REMINDER - Horse Identification Certifications are due May 1 to the Extension Office - this includes the necessary pictures.

Communications Clinic - Feb 16 - 9:30 am

Come join us for a session on the steps to giving the best 4-H talks. On Saturday, February 16th at 9:30 am at the Extension Office. Please RSVP by calling the Extension Office 793-1910 or email bunruh@ksu.edu.

Applications, Resume and Interview

A relatively new event at 4-H Day is ARI. This is an opportunity for our teens (13 and older). If you sign up for this event at 4-H Day, the absolute deadline for an application and a resume to be handed in is Feb. 19th. The “job” options that are available to apply for will be announced and the same judge that has looked at your application and resume will be interviewing you at 4-H Day.

We hope you will give this 4-H event a try.

Door Monitors

On the entry form, there is a place for junior leaders and adult volunteers to sign up to be a door monitors for 4-H Day. Your duties would be to announce the presentations, keep the door closed during the presentations, and help the presenter with set up or clean up if needed.

Your help would be greatly appreciated!

Awards Assembly

As soon as judging is complete in a room and the ribbons are recorded on the master list, the results will be announced in the auditorium. The results will also be posted on Facebook on Monday morning and the top purple placings will be invited to compete at Regional 4-H Day on Friday, March 8th beginning at 5:30 pm at Great Bend High School or Great Bend Middle School.

4-H Day Door Prizes

Ambassadors will have a table near the Commons area doors to sign up for the Door Prizes when you arrive. You will get two tickets and you will get to choose which basket to put your ticket in. 4-H Ambassadors will draw a name for the prizes before the awards assembly and you do NOT have to be present to win.

Additional 4-H Fun

Some additional learning opportunities at 4-H Day include:

- ◆ Lifes Skills judging from 2-4 pm in the hallway. Does anyone else want to create another judging contest?
- ◆ For the younger age group there will be a punch card available to see how many activities they participate in that day. When they return the card that has been verified by junior leader door monitors there will be a prize for completing it!

4-H Day Resources

Speaking skillfully before an audience is one of the hallmarks that Kansas 4-H members have been successfully doing for over 100 years. Kansas youth through 4-H have learned the skills necessary to get up before an audience and eloquently speak. 4-H has helped youth learn the skills necessary to clearly organize and present thoughts and ideas through project talks, demonstrations, illustrated talks and public speaking presentations.

The complete Kansas 4-H communication fact sheet series is listed below. These may be helpful to Kansas 4-H families as they begin to prepare for county 4-H day presentations. They can be downloaded free from the Kansas 4-H web site. Visit www.kansas4-h.org Look under “Resources” and “4-H Library” and then Kansas Publications.

Kansas 4-H Communication Fact Sheet Series:

4-H Presentation Overview - 4H978, October 2009
4-H Project Talks - 4H979, October 2009
4-H Demonstrations - 4H980, October 2009
4-H Illustrated Talks - 4H982, October 2009
4-H Demonstrated & Illustrated Talks Planning Form - 4H981, October 2009
4-H Public Speaking - 4H983, October 2009
4-H Effective Presentation Tips - 4H984, October 2009
4-H Preparing and Using Visual Aids - 4H985, October 2009
4-H Presentation Brainstorming Activity - 4H986

Barton County 4-H Day Entry Form
DUE by February 8th
4-H Day is Sunday, Feb 24, 2019
beginning at 1:30 pm
HOISINGTON High School

Individual Events

Name _____
Age before January 1, 2019 _____
Club _____
Phone _____

I plan to enter the following events:

Presentations

_____ Show and Share (age 5-10)
(Participation ribbon awarded)
_____ Project Talk (age 7-12)
_____ Junior Demonstration or Illustrated
Talk (age 7-12)
_____ Senior Demonstration or Illustrated
Talk (age 13 and older)
_____ Public Speaking (age 13 and older)
_____ Extemporaneous Speaking (13 and older)
_____ ARI (Application, Resume and Interview)
13 and older

Music

_____ Piano Solo (all ages)
_____ Vocal Solo (all ages)
_____ Instrumental Solo (all ages)

Talent

_____ Other Dance
_____ Skit or Creative Dramatics
_____ Reading - Jr. (age 7-12)
_____ Reading - Sr. (age 13 and older)
_____ Novelty or Stunt

Group Event

For scheduling purposes, list names of all those participating in an event. Group events should be entered by only one person. Check with the person(s) you are participating with and make sure someone gets the entry in on time (February 8th).

Parliamentary Procedure

_____ Model Meeting- Club name _____
_____ Gavel Games (4 participants)

Music

_____ Vocal Ensemble (2-15 members)

_____ Instrumental Ensemble (2-15)

Talent

_____ Folk Dance (1-12 members)

_____ Other Dance (1-12 members)

_____ Skit/Creative Dramatics (any number)

_____ Novelty or Stunt (any number)

Please list scheduling requests -
(Between 1:30 - 4 pm)

DOOR MONITOR

_____ Yes, I would like to help by serving as a door monitor at 4-H Day.

KSRE COTTONWOOD EXTENSION
DISTRICT. – GREAT BEND OFFICE
1800 12TH STREET
GREAT BEND, KS 67530-4500

Important Dates for February & March 2019



Feb. 5 - Entry fee and forms due for Winter Classic Air Rifle/Air Pistol

Feb. 8 - Entries for 4-H Day. There is a 24-hour grace period until February 11th, 5 pm
*Entries after this date will still be evaluated by the judge,
but will not be eligible for Regional 4-H Day competition*

Feb. 16 - Winter Classic - Air Rifle - check in begins at 8:00 am

Feb. 16 - Communications Clinic - 9:30 am - Extension Office

Feb. 23 - Official Beef Weigh-in Day - 9 -10:30 am - Countryside Vet

Feb. 24 - Barton County 4-H Day begins 1:30 pm at Hoisington High School

March 1 - New Members must be enrolled & start on projects in order to exhibit

March 18 - 4-H Council - 7:30 pm - 4-H Building - Junior Leaders meet at 6 pm

March 23 - Super 4-H Saturday - in Hays

(7 Judging contests and learning sessions)

**K-State Research and
Extension
Cottonwood Extension
District – Great Bend**

1800 12th Street
Great Bend KS 67530-4500
620-793-1910

K-State, County Extension
Councils, Extension Districts,
and U.S. Department of
Agriculture Cooperating.
K-State Research and
Extension is an equal
opportunity provider and
employer.

Sincerely,

Berny Unruh

District Extension Agent - 4-H and Youth Development

“Knowledge for Life”

4-H Fiber Arts Projects

4-H Fiber Arts is a project that focuses on a variety of skills that use fibers to create functional objects.

These skills include:

Braiding

Crocheting

Ethnic Arts

Knitting

Macramé

Quilting & Patchwork

Rug Making

Spinning

Stitchery

Weaving



*Brought to you in part by a grant
from the
Dane G. Hansen Foundation*

Fiber Fun Day will be held at the Trinity Lutheran Church, 2701 24th Street, Great Bend, KS 67530
Registration from 9– 9:20 am. Class begins 9:30 am

Questions? Please call Berny at 620-793-1910 or email Berny at bunruh@ksu.edu

Barton County 4-H
1800 12th St.
Great Bend, KS 67530
620-793-1910
bunruh@ksu.edu

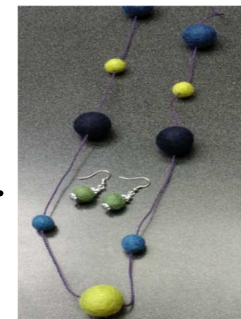
Ellis County 4-H
601 Main, Suite A
Hays, KS 67601
785-628-9430
sschlich@ksu.edu

Walnut Creek District 4-H
503 S. Pennsylvania Ave.
Ness City, KS 67560
785- 798-3921
rdeines@ksu.edu

Join the
FUN!

Fiber Fun Day

**Wednesday,
March 13, 2019
Great Bend, KS**



Fiber Fun Day March 13, 2019

**Important!: Space is limited this year
Register early to reserve your spot!**

Come and try out a variety of fiber arts during this hands-on workshop. You have several choices for each session and we ask you to rank your choices. We hope to give participants their 1st choice but we may have to move students to fit the classroom size.

The \$12 registration fee must be received in order for us to save your spot!

Quilts of Valor

We have invited organizers of the Golden Plains Quilts of Valor to share their story. To date over 500 quilts have been presented to our area veterans! This is an amazing Community Service project.. If you know of an area veteran who has not received a Quilt of Valor, bring the name and a contact number of a relative or close friend so application information can be sent to them.

Felting Balls

Felting balls can be used to create some fun and interesting gifts to share with others. In this session, we'll learn about some of the interesting things you can do with wool fibers. Then you can create jewelry, a mug rug or your own creative project. Susan Schlichting is the lead instructor.



Cross-stitching

Robyn Deines will teach you the basics of cross-stitching as you create a clover bookmark.

Knitting by Lexi

The art of knitting is older than written history but it is still a treasured hobby. Through knitting you will learn to express your creativity in a constructive way while developing a skill that is relaxing and fun! Lexi Straub will show you how!

Learn the Steps to Tie a Quilt

Members of the Central Kansas Thread Benders Quilt Guild will share the steps to hand tie a quilt. AND you will get to practice the skill so you can tie your next quilt. The Quilt Guild members have made and donated quilts to people in the community who were victims of fire and tornadoes. Items completed at the Fiber Fun Day will be given to someone in need.

The Art of Embroidery

Tatum and Keeli Kimzey will lead us in learning the fine art of embroidery. Beautiful stitching by hand!



Fiber Art Fun

Create colorful birds—to make them you will need pelmet Vilene, ribbons, lace, patterned paper, embossing powder, sequins and buttons. Make one for an ornament, a card or make multiple for a more complex project.

Crochet by Lexi

Thread or yarn and a hook are the basic crocheting equipment and we will provide those for you. The name comes from an old French word, *croches* or a Danish word, *krooke*, which means hook. Try your hand at crochet!

Simple Knots!

You won't believe it, but the design of the most *macramé* works is built up from the different combinations of a few basic *knots*! Once you become familiar with these *knots*, you will be able to create a great project.

Important Details

Fiber Fun Day on Wed. March 13, 2019 will be held at Trinity Lutheran Church, 2701 24th Street, Great Bend, KS. It will be in the Educational Wing so please enter through the Southwest doors.

All supplies are included but you must bring your own lunch. We will supply bottled water. If you bring your own drink please make sure it has a tight lid so it will not spill.

Registration Form— Return with your \$12 registration fee to Barton Co. 4-H, 1800 12th St., Great Bend, KS 67530 by Friday, March 1.

Morning, afternoon, or all day - cost to participate is \$12.

Name _____

Address _____

Phone _____

Email _____

Registration 9:00—9:20 am —Trinity Lutheran Church , 2701 24th , Great Bend, KS.

Session 1 —9:45 -11 am Rank choices 1, 2, 3

- _____ Felting Balls with Susan
- _____ Cross-stitching with Robyn
- _____ Knitting with Lexi
- _____ Learn the steps to hand tie a quilt

Session 2 —11 am - 12:15 pm Rank 1, 2, 3

- _____ Felting Balls with Susan
- _____ Cross-stitching with Robyn
- _____ Knitting with Lexi
- _____ Learn the steps to hand tie a quilt

12:30– 1:15 pm - Quilts of Valor Presentation Lunch—Bring a Sack Lunch

Session 3 —1:30—2:45 pm Rank 1, 2, 3

- _____ Embroidery by Tatum and Keeli
- _____ Fiber Art Fun by Robyn
- _____ Crochet by Lexi
- _____ Learn the steps to hand tie a quilt

Session 4 —2:45 pm—4 pm Rank 1, 2, 3

- _____ Embroidery by Tatum and Keeli
- _____ Fiber Art Fun by Robyn
- _____ Crochet by Lexi
- _____ Simple Knots by Berny