



COTTONWOOD DISTRICT – BARTON

4-H NEWSLETTER

January 2020



www.cottonwood.ksu.edu

Michelle Beran

4-H Youth Development

1800 12th St

Great Bend KS 67530

620-793-1910

4-H Council

Jan. 20 @ 7:30 pm

Committees meet at 7

Junior Leaders

Jan 20 @ 6 pm



I hope that everyone had a little time in the last few weeks to spend quality time with family or friends. I really struggled with writing an upbeat article for this month as we had a good friend who ended her life shortly before Christmas.....she leaves behind her husband and two young sons and my heart aches for everyone of us who knew and miss her.

Mental health is a tough subject but important for all of us who work with youth and makes me ask myself hard questions. Am I providing the best version of myself to the youth around me? Do I set appropriate boundaries? Do I know who and how to reach my support system? Do the youth I work with know who their resources are? Are we providing the youth around us with the life skills to develop confidence to tackle tough situations?

As part of developing life skills, I love seeing 4-H members giving back to their communities and finding value in themselves. We have had clubs who have decorated trees, worked the Trail of Lights, sang carols at nursing homes/hospitals, and donated items to others. Keeping a focus on how we can help others is a good way to understand our absolute value in the world around us. Keep looking for ways to help! Keep developing compassion! Keep showing kindness!

And know that my door is always open if you need an ear.....

Life is a Grand Adventure – Make every day count!

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4-H IN THE NEWS



Citizenship In Action

What: Would you like to have more influence in laws and rules that affect your life? Then you'll want to go to Kansas 4-H Citizenship in Action! This two day event is sponsored by the State 4-H Youth Leadership Council. The purpose of the event is for Kansas youth to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their local communities. The legislative visit will not only familiarize youth with the capitol building, but will also show them how they can affect the legislative process.

When: February 16-17, 2020

Where: Topeka, KS

Who: Youth 13-18 years old by January 1 of the current year

Registration: Click [Here](#) to Register

Registration Fee: \$200.00

Registration Deadline: Jan 15

Fees due to Cottonwood Ext—Jan 17



Be on the Look Out for upcoming events!

Plans are in the works for:

Fiber Fun Day

Judges' Training

Super Saturday—life skills judging, livestock judging, hands-on classes

2019-20 Council Committees:

4-H Day—Parker Dicks, Adessa Prosser, Danielle Hoskins, Dathan Proffitt, Johnay Bauer, Trina Bauer, Natalie Williams

T-Shirt Committee—Dylan Ferguson, Jennifer Ferguson, Parker Dicks, Lindsey Bogner, Amanda Loesch, Tate Martin, Michele Martin, Conner Scheck, Melody Braddy, Devon Braddy, Johnay Bauer

BBQ Planning—Clarissa/Luke McCormick, Hayley Dicks, Wendy Prosser, Jeremy/Jackie Corbett, Dathan Proffitt, Landon Woydziak, Melissa Woydziak, Heather Miessler

Achievement Celebration—Callie Loesch, Adessa Prosser, Bryce Oliphant, Connie Hughes, Conner Scheck, Melody Braddy, Devon Braddy, Kirsten Miessler, Paige Koehn, Melissa Koehn, Ailey Williams



New Family Resource Page



This page is dedicated to the new and not-so-new 4-H families who may have questions about upcoming events and activities. If you have a question, send it to Michelle and we'll include it!

Q1. Preparing for 4-H Club Day—what, when, how does my 4-H know what to do?

A1. 4-H Club Day is an opportunity for 4-H members to showcase their public speaking and presentation skills. It will be held Feb. 23 in Ellinwood. Be watching for the entry information in January. There are many resources available for selecting a topic, putting together a presentation, and speaking effectively. Call Michelle if you have questions. Entries will be due Feb. 7.

<https://cottonwood.k-state.edu/barton-county4h/Guidelines2020.docx.pdf>

<https://cottonwood.k-state.edu/barton-county4h/Club%20Day%20Entry%20Form2020.pdf>

Q2. What is Junior Leaders?

A2. Junior Leaders is for youth 13-18 and enrolled in the Leadership Project. Junior Leaders meet every other month and learn about leadership in addition to having a short business meeting. Leader for Junior Leader is Melissa Woydziak so be sure and check in with her or Michelle if you have questions.

Q3. What is YQCA and do we need to attend?

A3. Youth Quality Care of Animals is an educational program covering Food Safety, Animal Wellbeing, and Life Skills. YQCA is required for all youth who plan to have an animal in the Barton County Fair Champion Auction (**NEW for 2020—this includes rabbits and poultry!**) as well as any who will exhibit livestock at the Kansas State Fair or Kansas Junior Livestock Show. This 60 minute course includes valuable information for any youth participating in animal projects. Two classes will be offered in Barton County (March 19 and May 26) as well as options for surrounding counties or online. There is a \$3.00 fee for an on-site class or \$12.00 for the online class. Watch for more information to come!

Q4. My child is interested in a project area that I know nothing about; now what?

A4. The Extension Office has lots of resources for check out! We have curriculum for nearly every project area and most have several levels. In some cases, we have project leaders or an older 4-H member who is willing to be a mentor to another.

LEADERS' CORNER

Leaders—a couple of your priorities in the next month include:

***Financial Reviews**—every organization that holds a financial account (club, 4-H council, Junior Leaders etc.) MUST provide a completed financial review form. The deadline for a completed form is Oct. 25. These will be presented to the Cottonwood Extension Board for review at the November or December meeting. Be sure these are completed timely as this can affect the status of your charter. https://www.ksre.k-state.edu/employee_resources/forms/admin_forms/KSU4-3.pdf **Thank you to each group who has made this a priority and completed their reviews. For those that were approved at the November Cottonwood Extension Board meeting, Michelle has left an approved copy in your mail box.**

***Recruiting and including new 4-H members**—does your club have a plan for recruiting new members? How do you include a potential or new member in meetings and activities?

***Preparing for Club Day**—has your club decided to tackle a group skit or model meeting? Be sure to schedule practice time and get your club entry turned in by Feb 7!

***Teaching/Activity**—Including a project activity or training is a great way to introduce new project areas and give members an opportunity to learn and share! The Extension Office has curriculum on nearly every project area to check out for project learning.

Do you have a member with an interest in robotics or other areas of technology? Have them check out the Junk Drawer Robotics or Game Changers materials for a short hands-on activity. Teaching someone else is one of the best ways to learn something for yourself!

REGISTERED VOLUNTEER UPDATE!!!!

As Club/Project Leaders, including Ambassadors and Junior Leaders, making sure that we have adults provide a safe environment is crucial and Volunteer Screening is an important part! This year, you will update YOUR volunteer profile in 4-H Online as well as enrolling your 4-H member for the 2019-2020 year. For those who are due for their 3-year renewal, please address this immediately. Michelle will be reaching out to those who are due for 3-year rescreening with the link for the background check.

If you are a new leader who has not completed the background check, you will need to start the process with the 4-H Online enrollment and Michelle will follow up from there.

Please keep in mind the seriousness of having our volunteers screened as it can affect your status as a club/project leader.

Links to the process can be found on the New Family Resource Page or at <https://www.kansas4-h.org/resources/volunteers/volunteer-screening-resources/Volunteer%20Screening%20Policy%20and%20Procedures%202019%20Final.pdf>

4-H Scholarships!

For high school seniors or 4-H alumni who are pursuing higher education—the local deadline for 4-H Scholarships is Jan. 24!

The link below has the forms and additional information.

<https://www.kansas4-h.org/resources/4-h-library/awards-and-recognition/scholarships.html>



KAP Update

- 1) KAPs selected for regional evaluation are due to the Extension Office BY Jan. 3. Please review the comments from the judges and make updates before submitting. You are eligible for taking your KAP to the next level IF you are 14 and you were selected as a winner in your category at the county level.
- 2) Cottonwood District is part of the pilot program for a new format for KAPs for Junior and Intermediate 4-H members! We'll be sending information out very soon. Your feedback on the format and process is crucial (and I think you're going to like it!). This is a completely online format that will make it easy to update throughout the year. You can absolutely print it off to make notes throughout the year also but will submit the final format electronically.

Eligible for Regional Competition:

Dalton Dicks—Beef, Shooting Sports

Alexa Straub—Clothing/Textiles, Fiber Arts

Woodson Corbett—Photography, Visual Arts

Alaina Straub—Rabbits

Braxton Linsner—Swine

Junior Producer Days

Beef—Feb 29

Sheep—March 14

The Kansas Junior Producer Days will be hosted on the Kansas State University campus in Weber Hall.

These events are one-day educational programs for youth, parents, project leaders, and agents to learn about selecting and managing a youth livestock project. For both days, tentative topics include selection, nutrition, meat science, health, grooming and showmanship. There will also be an opportunity for youth to become certified in Youth for the Quality Care of Animals (YQCA), which is the new, national, multi-specie youth livestock quality assurance program required for exhibitors participating in the Kansas State Fair Grand Drive or Kansas Junior Livestock Show (KJLS).

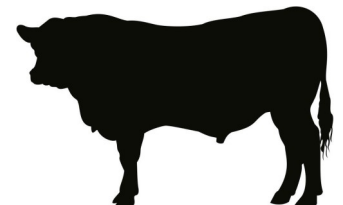
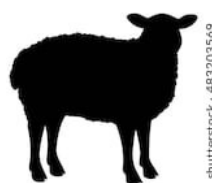
The optional instructor-led YQCA session will take place at the conclusion of each junior producer day.

Junior Beef Producer Day is scheduled for Saturday, February 29. The early registration deadline is February 7.

The Junior Sheep Producer Day will be hosted on Saturday, March 14, with registration being due February 21.

Registration is \$15 per person and is now open for both events! Participants may sign up online at <http://bit.ly/ksuasiregister>, or by completing and mailing the bottom portion of the flyer posted on the KSU youth livestock program website, under Junior Producer Days.

All attendees must register, including youth and adults. Participants must sign up by the appropriate deadline to be guaranteed a t-shirt.



Barton County 4-H Day Entry Form

DUE by Feb. 7th

4-H Day is Sunday, Feb. 23, 2020

Submit entries to mberan@ksu.edu or bwalton@ksu.edu

Individual Event

Name _____

Age (before 1.1.20) _____

Club _____

Phone _____

I plan to enter the following events:

Presentations

___ Show & Share (age 7-10; Participation Ribbon only)

___ Project Talk (age 7-12)

___ Junior Demonstration or Illustrated Talk (age 7-12)

___ Senior Demonstration or Illustrated Talk (age 13-18)

___ Public Speaking (age 13-18)

___ Extemporaneous Speaking (age 13-18)

___ ARI – Application, Resume, & Interview (age 13-18)

Music

___ Piano Solo (all ages)

___ Vocal Solo (all ages)

___ Instrumental Solo (all ages)

Talent

___ Dance

___ Skit or Creative Dramatics

___ Junior Reading (age 7-12)

___ Senior Reading (age 13-18)

___ Novelty or Stunt

Group Events – For scheduling purposes, list names of ALL participants in an event. Group events should only be entered by ONE person from the club.

Parliamentary Procedure

___ Model Meetings – Club _____

___ Gavel Games (4-5 participants)

Music

___ Vocal Ensemble (2 or more members)

___ Instrumental Ensemble (2 or more members)

Talent

___ Dance (2 or more members)

___ Skit/Creative Dramatics (2 or more members)

___ Novelty/Stunt (2 or more members)

___ YES, I would serve as a DOOR MONITOR at 4-H Day!

UPCOMING EVENTS AND DEADLINES—MARK YOUR CALENDARS!

Jan

- 3— Sewing 101 session, 10-11:30 am
- 3—Regional KAPs due to Extension Office
- 10— Regional KAP judging, **Volunteers needed!**
- 19—Photography Workshop, 1-3, Small 4-H Building**
- 20—Junior Leaders Meeting, 6 pm
- 20—4-H Council 7:30 pm
- 24—4-H Scholarships due to Extension Office
- 24/25—Horse Panorama, Rock Springs Ranch

Feb

- 1—Judges Training, Hays
- 16/17—Citizenship In Action, Topeka
- 23—4-H Club Day, Ellinwood
- 24—Livestock Committee Meeting
- 29—Beef weigh-in
- 29—Beef Junior Producer Day, KSU

Mar

- 14—Sheep Junior Producer Day, KSU
- 19—YQCA at 3:30

April

May

- 1—DEADLINE for enrollment/changes
- 1—Beef nomination/DNA due for KSF and KJLS
- 26—YQCA at 5:30

June

- 12—HOK Counselors to camp
- 13-16 HOK 4-H Camp
- 15—Goat, Sheep, Swine deadline/DNA due for KSF and KJLS

July

- 8-12—Barton County Fair

4-H Inspire Kids to Do Holiday Activity Guide



**Inspire kids to do this holiday season
with 15 fun, hands-on activities!**

TIP: You can print this or save a digital version for new ideas anytime. Many of the activities are shown as an abbreviated version—just visit the web page listed for each activity to get the full version with additional instructions and information!

Thank you to our partners at Bayer, JOANN, and Ponysitters Club for their support inspiring kids to do this holiday season.