

4-H Facts and Fun!

Cottonwood-Barton 4-H Newsletter



February 2020

I'm trying out a different format for the February newsletter - let me know what you think

As always, the goal of the newsletter is to share useful information about upcoming events and activities as well as share news and learning opportunities.

As Extension agents, we were challenged during our annual conference to look for ways to be innovative in our programming. This can create challenges as we sometimes have to let go of existing things in order to create new things. It does NOT mean that there was anything wrong with the old way; it may just be time to refresh and update.

I have had the opportunity recently to attend several workshops on STEM-related activities that really challenged me - my thinking and my comfort zone!

I would encourage all of you to also look at your comfort zones, especially as it relates to 4-H projects. Do you only participate in livestock or are you rounding out your 4-H experience by diving into photography? Are you focused on Space Tech or stretching your vision by adding visual arts?

Life is a Grand Adventure - Make every day count!

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4-H In The News

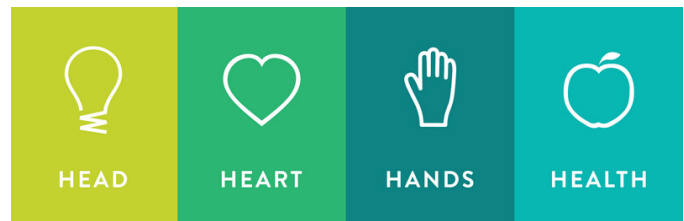


We are excited to announce the 12th Annual 4-H Day with the Wildcat Women's Basketball team has been scheduled for Sunday, March 8, when the Wildcats take on the KU Jayhawks!

Tip-off will be at 2:00 p.m. For \$22, each individual will receive a ticket into the game, a game day t-shirt, and a \$10 meal voucher to use at the main concession stands.

For full details and to register online, visit: <https://www.kansas4-h.org/docs/20%204-H%20Day%20Flyer.pdf>

State 4H Horse Panorama at Rocks Springs Ranch in Junction City is one of the highlights of our Barton County (Cottonwood District) 4H Horse Project. This group has practiced their tails off throughout the year prior to compete in several events including Quiz Bowl, Hippology (written tests, slides, & stations), Posters, Photos, Logos Public Speaking and more!



4-H GROWS HERE KAP Award Winners
Congratulations to:
Dalton Dicks - BEEF
Alexa Straub - FIBER ARTS
Alexa Straub - CLOTHING & TEXTILES

Others submitting KAPs at Regional Level:
Woodson Corbett - Photography
Woodson Corbett - Visual Arts
Alaina Straub - Rabbits
Braxton Linsner - Swine

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New Family Resource Page



This page is dedicated to the new and not-so-new 4-H families who may have questions about upcoming events and activities. If you have a question, send it to Michelle and we'll include it!

Q1. I tried to enroll my 7 year old in Shooting Sports and it won't let me! Why?

A1. Great question! By Kansas 4-H guidelines, 4-H members can't enroll in Shooting Sports until they are 8. Please keep in mind that the goal of all projects is the learning process and we want to make sure that 4-H members are able to evaluate and learn from the information presented

Q2. What is YQCA and why does my 4-H member have to complete it to sell in the county auction or exhibit livestock at KSF or KJLS?

A2. Youth Quality Care of Animals is an important educational piece of livestock projects. In addition to covering animal health and handling, each class also covers our role as livestock producers in regard to the food supply and public perceptions. You have two options to complete the class: Attend one of the on-site classes offered in Barton or a neighboring county (or at Junior Producer Days!) OR 4-H members may complete the course online.

With either setting, you enroll online and pay a minimal fee to the YQCA Organization which produces and maintains the training.

Q3. What is Super Saturday?

A4. We'll be sharing a flyer and registration link very soon. Super Saturday is a combined effort by several counties to provide an interactive day of judging practice and workshops for 4-H youth. Opportunities are available for Life Skills Judging, Entomology Judging, Plant Judging, Photography Judging, and Livestock Judging in addition to many hands on workshops. Costs are dependent on the number of contests and workshops attended as some workshops have additional costs.

Leaders' Corner

How do you prepare for a Club Meeting?

Do you work with the President to determine an agenda?

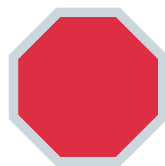
Do you sent the agenda out to families ahead of time?

Do you plan (or work with an older youth) to plan some kind of learning activity at each meeting such as a project spotlight or leadership/teamwork activity?

The Extension Office has great resources and Michelle is happy to work with you to develop an activity or check out project materials.

One of Michelle's favorite moments in a club meeting is to take a "Time Out" to help younger (and some older!) 4-H members understand WHY we proceed a certain way and HOW to properly execute the action.

Many thanks to the club leaders, parents, and older 4-H members who have stepped up to serve on a committee!



Volunteer Update - Providing a safe environment for youth to learn and grow is paramount to 4-H!

If I have reached out to you recently, please make time to complete the steps necessary to be a registered volunteer.

Team Members Names:

Please Include:

- ☐ Registration Form
- ☐ Payment
- ☐ Kansas Participation Form for each participant. Located at <https://tinyurl.com/hk9jr53>

For further questions contact:

Robyn Deines, Walnut Creek District

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4-H Youth Development Agent

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KSU Ag Research Center Auditorium
1232 240 Ave
Hays, KS 67601

Exit 159 off I-70, Proceed south (left) on Vine Street. Go about 2 miles to the US 183 Bypass intersection. Go west (right) on US 183 for about 1 mile. Turn south (left) on 240th. Turn left into the KSU Ag Research Center. The auditorium is just past the administration building on the east side of the road. Look for the sign out front.

Hotel Information:

Best Western Butterfield 785.621.4337
Comfort Inn 785.625.9322
Days Inn 785.628.8261
Fairfield Inn 785.625.3344
Hampton Inn 785.621.4444
Holiday Inn Express 785.625.8000
Sleep Inn & Suites 785.625.2700
Town Place Suites 785.261.9630

**Event Sponsored by:
NW 4-H Advisory,
Dane Hansen Foundation
Grant**



**NW 4-H Advisory
Presents
Michelle Cummings
from Training Wheels**



**April 3-4, 2020
KSU Agricultural
Research Center
Hays, KS**

Registration Deadline March 25th

Purposeful Play with Michelle Cummins

The philosopher Plato was once quoted as saying, "I can learn more about a person in an hour of play than a lifetime of conversation." In this workshop, Michelle



Cummins will share insights and strategies on how to surface behaviors through play through experiential activities. This high-energy, hands-on workshop will teach participants how to play some of the industry's best icebreakers, leadership games and unique ways to reflect on what you are learning. Michelle will engage you physically, intellectually and mentally with lots of opportunity for laughter and learning. Attendees will discover how powerful the impact of the value of connection, leadership, and purposeful play have on the participants in your programs.

Learning Objectives:

1. Learn multiple hands-on activities you can utilize right away.
2. Each participant will receive a detailed handout with write-ups for each of the activities presented.
3. Enhance the participant experience by learning new ways to reflect on what they are learning.

Who: This workshop is open to youth 7th grade and older and adult sponsors, staff and volunteers.

What: Team Building Facilitation Training, Networking that will help build your team.

When: Friday, April 3rd, 10:00am to 4:00pm
Saturday, April 4th, 10:00am to 4:00pm

Cost: Includes fabulous facilitation and training by Michelle Cummins, key chain debriefing tool, meals and snacks, \$10 Coupon for the opportunity to purchase her tools.

Registration Deadline March 25th

KSRE Extension Staff, 4-H Members and 4-H Volunteers:

One Day: \$50

Two Day: \$85

Non Extension Related Participants:

One Day: \$65

Two Day: \$115

School Teams (4 youth and 1 Sponsor)

All Key Chains, Only 1 Coupon per team

One Day: \$160

Additional Students: \$45

Registration Deadline March 25th

Registration Form

Name: _____

Address: _____

Email: _____

Cell Phone: _____

Gender: _____

Adult _____ Youth _____

Extension Unit: _____

Organization/School: _____

Please Mark One:

☐ KSRE One Day \$50

☐ KSRE Two Day \$85

☐ Non KSRE One Day \$65

☐ Non KSRE Two Day \$115

☐ School Team \$160

☐ Extra Students _____ x \$45

Total Due _____

Make Checks Payable to:

Ness County 4-H Council

Mail to:

Walnut Creek Extension District

503 S Pennsylvania Ave

Ness City KS 67560

Upcoming Event and Deadlines!

Mark your calendars!
February

February

- 7 - CLUB DAY ENTRIES DUE
- 15 - Cottonwood BT Shooting Sports Meet
- 16/17 - Citizenship in Action, Topeka
- 21/22 - Ambassador Training, Rock Springs
- 23 - Club Day, Ellinwood High School
- 24 - Livestock Committee Meeting
- 29 - Beef Weigh In

March

- 2 - STATE KAPs DUE TO STATE 4-H OFFICE
- 8 - 4-H Day with Wildcat Women
- 13 - Regional Club Day, GBHS
- 14 - Sheep Junior Producer Day, KSU
- 19 - YQCA at 3:30 (pre-registration is required)
- 21 - Super Saturday, FHSU campus (pre-registration is required)

April

- 3/4 - NWLF hosting speaker Michelle Cummings
- 25 - Space Tech Day, BCC campus (more details soon)

May

- 1 - DEADLINE for enrollment/changes
- 1 - deadline for tagging goats, sheep, swine (arrangements must be made with Alicia and tagging complete by this date)
- 1 - Beef nominations/DNA due for KSF and KJLS
- 26 - YQCA at 5:30 (pre-registration is required)

June

- 12 - HOK Counselors to camp
- 13-16 - HOK 4-H Camp
- 15 - Goat, Sheep, Swine nominations/DNA due for KSF and KJLS

July

- 8-12 Barton County Fair



**Access YOUR Inspire Kids To
Do HEALTHY LIVING GUIDE at
[https://4-h.org/about/inspire-
kids-to-do/#main-form](https://4-h.org/about/inspire-kids-to-do/#main-form)**

**Follow Cottonwood Extension District at
www.cottonwood.ksu.edu**

**Facebook - Barton County 4-H Members
and**

**K-State Research and Extension - Cottonwood Extension
District**

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