Wishing each of our 4-H families safe travels, healthy visits with family and friends, and a blessed Christmas and New Year!

We have a LOT coming up in the next few months and now is a great time to do a little project record planning and project learning!

Life is a Grand Adventure – Make every day count!
Dec. 18     Dairy Goat Webinar (see flyer)
Dec. 25-29  Cottonwood Extension Office Closed
Jan. 12     DEADLINE for Senior Project Records for regional evaluation
Jan. 13     4-H Basketball with K-State Women’s Basketball (see flyer)
Jan. 15     NW Area Project Judge Training (deadline to register is Jan 8)
Jan. 19     4-H Club Day registrations due (watch for sign up links)
Jan 27     Horse Panorama
Feb. 4      4-H Club Day
Feb. 19     Spring 4-H Livestock Meeting
Feb. 24     Beef weigh-in

Are you interested in 4-H Camp for summer 2024? Interested in challenging your Leader-In-Training (LIT) or Counselor-In-Training (CIT) skills?

Rock Springs opened camp registration opened in November https://www.rockspringsranch4hcamp.org/

**LIT (Ages 15-16; rising HS Sophomore & Juniors)**

This program focuses on leadership and community development programming along with a service project. Each session will be a mix of hands-on leadership training with counselors/mentors, along with peer group training sessions on skills that are relatable to leadership experiences in the future. They will have the opportunity to practice these skills to become a confident and reliable leader. Counselor/mentors will deliver feedback, encouragement, and put them on the path to success. There will also be time to just relax, make friends, and enjoy other camp activities. This is an excellent progression if a camper thinks they may want to advance to CIT or join RSR staff in the future.

**CIT (Ages 16-17; rising HS Seniors)**

CIT are given responsibility over a group of younger campers from breakfast to bedtime. These teens will receive camper care training and counselor experience but they will also have “camp” time with their peers built into each day. The CIT program is a fun and wonderful way to explore what it means to be a beginning leader and a mentor and is a good fit for young people who may want to explore a career in education, early childhood care or other related fields.
2024 4-H Ambassadors!
Returning: Ailey Williams, Parker Dicks, Jonas Kern, and Melody Braddy
New: Kassie Linsner, DJ Wyant, and Kylie McCormick
4-H Ambassadors promote 4-H to current 4-H families and to the community!

Are you looking for some FUN winter activities? Check out these resources from 4-H.org:

CLOVER AT HOME
HOLIDAY ACTIVITY GUIDE

Interested in Junior Leaders but aren’t sure where to start?

1) Be thirteen in 4-H age
2) Enroll in the Leadership Project
3) Attend the January meeting on 1.15 at the 4-H Educational Building and
4) JOIN IN THE FUN!!

Contact Melissa Woydziak or Michelle Beran for more information!
Project Resources

**Goal Setting Work Sheet**—Setting goals is a crucial part of the learning process and necessary for a solid Project Record: [https://bookstore.ksre.ksu.edu/pubs/4H1100.pdf](https://bookstore.ksre.ksu.edu/pubs/4H1100.pdf)

**Project Record** - NOW is the time to get out a project record form and make plans (with that Goal Setting Work Sheet) for learning opportunities, photos, leadership and citizenship within a project!

This page is a great resource and has links to the current Project Record forms: [https://www.kansas4-h.org/resources/awards-and-recognition/LocalRecordKeeping.html](https://www.kansas4-h.org/resources/awards-and-recognition/LocalRecordKeeping.html)

**ZBooks and resources**—Would you like to keep track of project record activities on the go?

ZBOOKS is a great app that was designed to mirror the PDF versions of Project Records! [https://www.kansas4-h.org/resources/awards-and-recognition/ZBooks.html](https://www.kansas4-h.org/resources/awards-and-recognition/ZBooks.html)

**Curriculum**—We have curriculum at the Extension Office for nearly every project area AND you have access to project pages: [https://www.kansas4-h.org/projects/](https://www.kansas4-h.org/projects/)

**Upcoming Event Resources:**

4-H Club Day—Feb. 4, Ellinwood High School

This event provides an opportunity for youth to participate in a demonstration, illustrated talk, music selection, a dramatic or comedic reading, and for our older members extemporaneous speaking and ARI (Application, Resume, and Interview). Check with Michelle if you need more information and watch for the registration information to be sent soon.

Citizenship In Action—Feb. 18/19, Topeka

[2023 information](https://www.kansas4-h.org/resources/awards-and-recognition/LocalRecordKeeping.html)—please note that 2024 will be posted soon!
LEADERS’ CORNER

**CLUB LEADERS**—It is very important that you set up a Volunteer Profile in 4-H Online and verify that you have completed the volunteer training in 4-H Online! This helps us manage volunteer resources, training, and certification. Please remember that in order for a 4-H Club to be in good standing you must have TWO leaders who have current 4-H volunteer certification. **Be watching for additional resources and organizational meetings in the very near future!** Whether you have been a leader for several years or a fairly new, we can always learn something new to share with 4-H youth!

Please note—It is very important that the 4-H Club Officer and Leader form be turned in on time as this allows us to update the website and emailing lists for 4-H Council. We are missing several and will be updating the website very soon!

Please visit with your club’s 4-H Council Representatives so that they are aware of their role and responsibility to attend 4-H Council and fulfill their elected duties. They serve as the conduit of information between the club and the county-wide 4-H Council.

**Financial Review**—We are missing several and a follow up email was sent to club leaders in November. This can impact your club charter and participation by club members are local, regional, and state events.

Are you a member of the Kansas Association of 4-H Volunteers? Would you like to know more? Check out the information at [https://www.kansas4-h.org/volunteers/volunteer-association/index.html](https://www.kansas4-h.org/volunteers/volunteer-association/index.html). The association meets at least annually during KYLF in November.
DAIRY GOATS
COUNTY FAIR & BEYOND

DECEMBER 18TH, 2023  6:30-7:30 P.M.

Join us for an online Zoom workshop to learn all about the Dairy Doe Project. This workshop will be geared towards families interested and enrolled in the Dairy Goat Project and Extension Agents.

Topics that will be covered:
- County vs. State
- State Fair Entry Deadlines
- Registration Tattoos
- Preparing your animal to show

Register by Sunday, December 17th to receive the Zoom link: https://forms.gle/Bh4V8a4UBFeFsLd47

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American sign language) may be requested by contacting the event contact Charlene Miller two weeks prior to the start of the event December 4, 2023 at 516-521-9660 or cmmiller1@ksu.edu. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request. K-State Research and Extension is an equal opportunity provider and employer.
SATURDAY, JANUARY 13, 2024

KANSAS 4-H DAY
WITH
K-STATE WOMEN’S BASKETBALL

$30: Ticket, Voucher ($10 concessions), & Shirt
$20: Ticket & Voucher ($10 concessions)

HOW TO GET TICKETS?
1. Register! Use the QR code or the link below!
2. Pick up ticket packages - location TBD
   (1/13/24, 11:30 AM-12:30 PM)
3. Doors open for the general public (1/13/24, 12:00 PM)
4. Tip-off! (1/13/24, 1:00 PM)

Online registration for this event will be due January 1st, 2024. No paper registrations will be accepted. To register, go to: https://bit.ly/3N85oPY

Kansas State University Agricultural Experiment Station and Cooperative Extension Service
K-State Research and Extension is an equal opportunity provider and employer.
Resource: https://www.apa.org/topics/resilience
JUDGES TRAINING

Registration Due January 3rd
To register Use the link or QR code.
https://kstate.qualtrics.com/jfe/form/SV_5d8cZPUnrxxhYoK

MONDAY, JAN. 15
10:30AM TO 3:00PM
$10 Fee - Lunch Provided
Pay at the door

JUDGING AREAS:
STYLE REVUE
PHOTOGRAPHY
CLOTHING
FIBER ARTS
FOODS AND NUTRITION
RABBITS
HORTICULTURE & CROPS
VISUAL ARTS
WOODWORKING
WILDLIFE
SHOOTING SPORTS
STEM

LOCATION
Western Research Center
1232 240th Ave
Hays KS, 67601

K-STATE
Research and Extension

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**Junior Leaders**  
**4-H Council**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Leaders</td>
<td>Jan 15</td>
<td>6 pm</td>
</tr>
<tr>
<td>4-H Council</td>
<td>Jan 15</td>
<td>7:30 pm</td>
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</tbody>
</table>

Council committees meet before the meeting or at 7 pm on meeting nights or may schedule meetings at other times.

Meetings are held at the 4-H Education Building (Hwy 281) OR Zoom Conference Call

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**K-State Research and Extension**—Cottonwood Extension District

**Stay in touch with Cottonwood Extension District—Barton 4-H**

[www.cottonwood.ksu.edu](http://www.cottonwood.ksu.edu)  
620-793-1910

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Cottonwood 4H-Barton County

K-State Research and Extension—Cottonwood Extension District

Barton County 4-H Members