



**COTTONWOOD DISTRICT – BARTON  
4-H NEWSLETTER  
December 2022-January 2023**

We celebrated 4-H successes last month and I've had a couple of very busy months of 4-H activities! Some of these are in partnership with school districts or other entities that let me expose youth to 4-H and invite them to learn more.

Now is a great time to plan project learning opportunities - is there a workshop or event that applies to one of your projects? Can youth in the Foods project help at appropriate levels of reading recipes, learning about nutrition labels, measuring, and preparing meals? Are youth in the Clothing and Textiles project learning about different fabrics and uses, and how to care for them?

This is also the time to begin planning Club Day presentations! There are great resources available and I'll be posting/emailing the registration and scheduling information very soon. Help youth to plan age-appropriate presentations and practice those presentations. Keep the learning opportunities in mind as more relevant than a purple ribbon.

Life is a Grand Adventure – Make every day count!



# Family Resource Page



- Dec 26-30 Extension Office closed
- Jan 2 Extension Office closed
- Jan 13 Deadline for Regional Project Records
- Jan 16 Extension Office closed  
Junior Leaders/4-H Council
- Jan 19 Great Bend Chamber Coffee/Open House to recognize Donna Krug!
- Jan 20 Northwest Area Regional Project Evaluation (need 2-3 volunteers)
- Jan 30 DEADLINE for 4-H Club Day
- Feb 12 4-H Club Day—Hoisington
- Feb 19/20 Citizenship In Action
- Mar 10 Regional 4-H Club Day
- Mar 11 Junior Producer Swine Day
- Mar 18 Junior Producer Meat Goat Day

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4-H Club Day—Feb. 12 at Hoisington High School

Registration and scheduling information will be send out in the next couple of weeks and the deadline to sign up is Jan. 30!

Great resources can be found at

<https://www.kansas4-h.org/projects/personal-development/communications.html>

<https://bookstore.ksre.ksu.edu/pubs/4H1129.pdf>

<https://bookstore.ksre.ksu.edu/pubs/4H1155.pdf>

\*Regional 4-H Club Day—Friday, March 10

\*If you receive a purple at 4-H Club Day, you are eligible to enter the presentation for a Kansas State Fair Communications entry!

## New 4-H Year resources

Goal Setting—goal setting is an important part of project learning. Goals should be SMART (Specific, Measurable, Achievable, Relevant, Timely). Winning a purple ribbon isn't a SMART Goal; think about the things you need to learn and practice to help you win a ribbon—those are the goals!

<https://bookstore.ksre.ksu.edu/pubs/4H1132.pdf>

<https://bookstore.ksre.ksu.edu/pubs/4H1100.pdf>

### Project Selection Guide

<https://bookstore.ksre.ksu.edu/pubs/4H1065.pdf>

### Project Records

<https://www.kansas4-h.org/resources/awards-and-recognition/docs/projectrecordsandawards/2021-2022%20Project%20Award%20Categories.pdf>

<https://www.kansas4-h.org/resources/awards-and-recognition/LocalRecordKeeping.html>

\*\*\*The Extension Office has curriculum for nearly every project area available for check out!

The 4-H Council planning committee for the TOTALLY RAD 4-H Achievement Celebration did a great job of planning a fun afternoon of celebration!

Many thanks to our Emcees for the afternoon—Hailey Hicks and Parker Dicks!

In addition to club activities, we celebrated our Friends of 4-H: Luke/Clarissa McCormick and Bernie Unruh!

Winners of the participation pizza party are TLC Twisters!

Michelle will be coordinating with club leaders to plan their prize. We had great costumes and participation! Be sure to send a big Thank You to Wendy Prosser for leading our dance party!



## **Record Books—please review!**

While record books are probably not the first 4-H related task that you think of, NOW is the time to set goals <https://bookstore.ksre.ksu.edu/pubs/4H1100.pdf>

### **\*\*\*\*\*PLEASE NOTE\*\*\*\*\***

We are making a few changes to the Record Book/Project Record Process for 2022-2023!

- 1) Each project record will need to be in a separate notebook (you can simply photo-copy the Personal Page and Permanent Record for each)
- 2) Each age division will need to use a specific color of 3-ring binder for their Project Record
  - \*Juniors (age 7-9) - WHITE binder
  - \*Intermediate (age 10-13) - BLUE binder
  - \*Senior (age 14-18) - BLACK binder

While this might seem silly, it makes managing 40-60 Project Records much more efficient.

- 3) Each 4-H member will still need to complete a 4-H Book for a pin application and this can be in the GREEN 4-H folders and the pin application can be tucked into the front of this book.

There is a difference between a Project (Clothing and Textiles) and an Exhibit (Buymanship, sewn item). As such, you would complete a single Project Record and note all of your Clothing and Textiles activities and entries within the one record. Please let Michelle know if you need clarification on this.

For the 2021-2022 4-H year, the attached list shows the Project Award categories: <https://www.kansas4-h.org/resources/awards-and-recognition/docs/projectrecordsandawards/2021-2022%20Project%20Award%20Categories.pdf>

For an overview of the process and handy tips for success, check out <https://cottonwood.k-state.edu/barton-county4h/Master%20Guide%20to%20KS%204-H%20Project%20Recognition%20System.pdf>

Recognition Check Sheet—this is a GREAT resource and should be included in the front of your Project Record! <https://cottonwood.k-state.edu/barton-county4h/Check%20Sheet.pdf>

Now is time to think about upcoming activities and when/where you need to be involved and capture moments for pin applications and Project Records.

# LEADERS' CORNER



**\*\*Financial Reviews**—Per Kansas Extension Law, all funds generated for Extension programs must be reviewed by the District Board. Financial reviews are due November 1 for ANY 4-H organization with a checking/savings account. This includes community clubs and project clubs (such as shooting sports or dog)

Instructions—[https://www.ksre.k-state.edu/employee\\_resources/forms/admin\\_forms/KSU4-1.pdf](https://www.ksre.k-state.edu/employee_resources/forms/admin_forms/KSU4-1.pdf)

Required KSU4-3 form—<https://cottonwood.k-state.edu/barton-county4h/Financial%20Report%20KSU4-3.pdf>

**Financial Reviews will be submitted for Cottonwood Extension Board approval in January so your documentation must be complete and turned in to Michelle by 12.15.**



**\*\*Re-enrollment**—please have current families complete re-enrollment as soon as possible (we are aware there was an issue Nov. 3 and for the first few days of Dec)! Also, volunteers will need to update their volunteer status at this time!



**\*\*Officer/Leader List**—please complete and submit to the Extension Office immediately We have received several but are missing quite a few; this is how we know who to send 4-H Council agendas to as well as club leader communications.

[https://cottonwood.k-state.edu/barton-county4h/barton\\_4h\\_docs/officer\\_and\\_leader\\_list.pdf](https://cottonwood.k-state.edu/barton-county4h/barton_4h_docs/officer_and_leader_list.pdf)



**\*\*4-H Council**—please remember the responsibility and expectations of serving as a Council representative. This is the opportunity to share information at Council with your club and bring information back from Council to each club meeting.



**Club Resources**—are you stretched finding new ways to engage 4-H members at meetings? Check out these great resources!! <https://www.kansas4-h.org/resources/leader-resources/clubcorner/index.html>



2023



# K-STATE *Junior* MEAT GOAT PRODUCER DAY

*Scan Me*



*Saturday*  
**MARCH**  
**18**

Join us on March 18 for the biennial K-State Junior Meat Goat Producer Day in Weber Arena on the Kansas State University campus in Manhattan. This educational program will be a fun-filled day in which youth, parents, agents, and project leaders can increase their knowledge of youth meat goat projects. Presentations will be provided by K-State faculty members, graduate students, former exhibitors, and guest speakers. All ages and skill levels are invited! Participants will receive a K-State Meat Goat Show Guide, t-shirt, and complimentary lunch. Only those who register by the deadline on February 22 will receive a t-shirt. The registration fee is \$20/person before February 22 and \$25/person after the deadline. This is a family event! Anyone attending must register, including all youth and adults.



## Registration

\$20/person by February 22  
\$25/person after February 22

\*Must register by February 22 to get a t-shirt.

\*\*To register by mail, contact Lexie Hayes for a form.

\*\*\*All attendees, including youth and adults, must register.

## Tentative Schedule

8:00 Check-in Opens  
9:00 Welcome  
9:15 Project Selection  
10:00 Morning Breakout Sessions

Meat Science  
Nutrition  
Facilities & Equipment

Noon Lunch  
12:45 Health & Wellness  
1:30 Afternoon Breakout Sessions  
Showmanship  
Reproduction  
Clipping & Grooming

3:00 Wrap-up  
3:30 Optional Post-Event Sessions:  
YQCA Certification & State Nominations



## Questions

Lexie Hayes  
adhayes@ksu.edu  
785.532.1264



*Register By*  
**FEB**  
**22**

*Register Online*  
<https://commerce.cashnet.com/KSUASIND>

K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. All educational programs and materials available without discrimination on the basis of race, color, religion, national origin, sex, age, or disability.

K-State Research and Extension and the Department of Animal Science & Industry, or their assignees, reserve the right to photograph, record the image and/or voice of participants for future research, educational or promotional purposes. By attending, you provide consent to the above terms and waive all rights to claims for payment or royalties in connection with any use of said images or recordings, unless you notify event organizers you withhold consent, in writing, prior to the event.





**K-STATE**  
Research and Extension



**2023**

# K-State Junior Swine Producer Day

*Register By*  
**February 15**

K-State, County, Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. All educational programs and materials available without discrimination on the basis of race, color, religion, national origin, sex, age, or disability.

Join us on March 11, 2023 for the biennial K-State Junior Swine Producer Day in Weber Arena on the Kansas State University campus in Manhattan. This educational event will be a fun-filled day in which youth, parents, agents, and swine project leaders can increase their knowledge of youth swine projects. Presentations will be provided by K-State faculty members, graduate students, former exhibitors, and guest speakers. All ages and skill levels are invited! Participants will receive a K-State Show Pig Guide, t-shirt, and complimentary lunch. Only those who register by February 15 will receive a t-shirt. There will also be door prizes! The registration fee is \$20/person for those who sign up by the February 15 deadline, or \$25/person after that date. This is a family event! Anyone attending must register, including all youth and adults.

## Register Online

<https://commerce.cashnet.com/KSUASIND>



*Scan Me!*



### Tentative Schedule:

- 8:00 Registration
- 9:00 Welcome
- 9:15 Project Selection
- 10:00 Breakout Sessions
  - Meat Science
  - Swine Breeds & Ear Notching
  - Equipment & Daily Care
  - Reproduction
- Noon Lunch
- 12:45 Swine Health
- 1:30 Breakout Sessions
  - Nutrition
  - Clipping, Hair Care, Show Day Prep
  - Showmanship
- 3:00 Wrap-up
- 3:30 YQCA Certification & State Nominations (optional)



### Registration

- \$20/person by February 15
- \$25/person after February 15
- \*Late registrants will not receive a t-shirt
- \*\*To register by mail, contact Lexie for a registration form.
- \*\*\*All attendees, including youth and adults, must register.



### Questions

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Lexie Hayes  
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785.532.1264



## Sponsors

- Kansas Park Association
- Valley Vet
- Essential Show Feeds
- KSU ASI

K-State Research and Extension and the Department of Animal Sciences & Industry, or their assignees, reserve the right to photograph, record the image and/or voice of participants for future research, educational, or promotional purposes. By attending, you provide consent to the above items and waive all rights to claims for payment or royalties in connection with any use of said images or recordings, unless you notify event organizers you withhold consent, in writing, prior to the event.

**Junior Leaders**

**January 16 6-7 pm**

**4-H Council**

**January 16 at 7:30 pm**

**Meetings are held at the 4-H Education Building (Hwy 281) OR Zoom Conference Call**



**RESPONSIBILITY  
GROWS HERE.**

Kansas 4-H programs help kids grow into confident, capable and caring adults. Give your child the skills to lead for a lifetime.

Visit [www.Kansas4-H.org](http://www.Kansas4-H.org)

**K-STATE**  
Research and Extension

**4-H**  
GROWS HERE

**Stay in touch with Cottonwood Extension District—Barton 4-H**

[www.cottonwood.ksu.edu](http://www.cottonwood.ksu.edu)

620-793-1910



Instagram

Cottonwood 4H-Barton County



K-State Research and Extension—Cottonwood Extension District

Barton County 4-H Members