



**COTTONWOOD DISTRICT – BARTON
4-H NEWSLETTER
October-November 2024**

The theme for National 4-H Week is BEYOND READY! We often only think of 4-H in terms of activities and events but the real goal behind the science of youth development is helping youth feel a sense of belonging, practicing good decision-making, increasing communication skills, and developing confidence through the mastery of skills. These all tie into helping the youth in our communities to understand the important role they hold as future employees, business owners, and leaders!

We are excited to see how youth this year will step up to the challenges and show that they are BEYOND READY to take on leadership roles, mentoring others, and challenging themselves to grow.

As we prepare for National 4-H Week, I encourage 4-H members, alumni, parents, grandparents and friends to check out the Spirit Week options and take the opportunity to share YOUR 4-H story!

Sunday – Selfie Sunday – Post those selfies and share your 4-H Story!

Monday – Monday Motivation – How do you make the best better?

Tuesday – Trivia Tuesday – Did you know? Tell us something we don't know, a fun fact you learned in 4-H. For example:

- Did you know that rabbits' ear length can be affected by heat?
- Did you know that you can tell a goat's age by the number of teeth they have?

Wednesday – 4-H Spirit Day! Wear the clover with pride!

Thursday – Throwback Thursday – Throw it back old school

Friday – Friday Night Lights – Spotlight a 4-H Alum

Saturday – Saturday Service – 48 Hours of 4-H – how do you serve your community?

Watch for fun ways to interact on the Cottonwood Extension District Facebook page!

<https://www.facebook.com/ksrecottonwood>

Life is a Grand Adventure – Make every day count!



Family Resource Page



- Oct 1 4-H Project Records and Pin Applications DUE
- Oct 1 New 4-H Year enrollment begins!
- Oct 6-12 National 4-H Week
- Oct 12/13 484H—See 4-H Council service event flyer (pg 9)
- Oct 19-20 4-H Dog Conference, Rock Springs Ranch (see flyer/registration info pg 10)
- Oct 26 Shutterbugs Photography Event, Hays (Registration information on pg 5)
- Nov 1 Financial Reviews **DUE**
- Nov 3 4-H Achievement Celebration
- Nov 15 Officer Training, 4-H Education Building, Great Bend (old 4-H grounds)
- Nov 23/24 KYLF (Kansas Youth Leadership Forum) and Kansas Volunteer Forum
- Nov 25 4-H Livestock Committee meeting
- Nov 28-29 Thanksgiving, Cottonwood Extension Office closed
- Feb 16/17 Citizenship In Action, Topeka
- Feb 22/23 Horse Panorama, Rock Springs Ranch
- March 22 Super Saturday, Colby
- JUNE 25-29 2025 Barton County Fair*

Interested in testing your evaluation skills?

Open to a day of fun and learning?

Join 4-H youth on March 22 for Super Saturday at Colby Community College! This event alternates sites with FHSU and the morning involves multiple judging contest such as Life Skills, Entomology, Crop ID, Weed ID, and Photography. In the afternoon, you can test your livestock judging skills or participate in one of several project-related activities such as STEM or Visual Arts.

Watch for more information in November!

Kansas State Fair Results!

Kolten Brabb:	Photography – Blue Woodworking – Red
Payten Brabb:	Visual Arts – Blue Foods – Red
Melody Braddy:	Photography – Blue Fashion Revue – Red Photography Judging Team – 23 rd
Willow Braddy:	Communications/Poetry – participation Photography Judging Team – 23 rd
Emaline Debes:	Communications/Demonstration – Blue Photography – Blue Building Block Engineering – Purple/Best of Show Wildlife – Blue
Jackson DeVorss:	Geology – Purple
Brantley Edgerton:	Photography – Blue
Brogan Edgerton:	Photography – Blue
Sara Jahay:	Fiber Arts/Crochet – Blue
Brady Karlin:	Photography – Purple
Jonas Kern:	Photography – Blue Visual Arts – Purple Fiber Arts/Crochet – Blue Food Preservation – Red Food Preservation – Blue Taxidermy – Purple
Maggie Kern:	Visual Arts – Purple Sewing & Textile Design – Purple Geology – Blue Entomology – Red



Kansas State Fair Results (Continued!)

Russell Kern:	Photography – Blue Foods – Blue Food Preservation – Red Sewing & Textiles – Blue Electric – Red Geology – Red Lapidary – Blue
Callie Loesch	Photography – Blue
Everett Negaard	Photography – Blue Foods – Blue Aerospace/Rocketry—Purple
Samantha Negaard	Photography – Red Foods – Purple Photography Judging Contest – 6 th
Leah Steffan	Photography – Blue
Aliza Straub	Photography – Blue Visual Arts – Blue Fiber Arts/Knitting – Purple Sewing & Textile Design – Purple Horticulture – Purple (3), Blue (2), Red (1)
Chloe Vaupel	Photography – Blue
Ailey Williams	Communications/Prose – participation Fiber Arts/Needle Art – Purple Foods – Red Foods/Gift Package – Blue
Kaisha Woydziak	Visual Arts/Jewelry – Blue Foods – Blue Woodworking – Blue
Landon Woydziak	Woodworking – Blue
DJ Wyant	Foods – Red Aerospace/Rocketry – Blue Aerospace/Rocketry – Blue
Kiera Wyant	Aerospace/Rocketry – Red Fashion Revue – Purple Fiber Arts/Needle Arts – Red Foods – Red Rabbit Judging Contest – Blue Rabbits – Blue (3), one Best of Breed

**If you have not
stopped by the
office to pick up
your Kansas
State Fair entries
and ribbons,
please do so!**

TWO 4-H EVENTS - ONE DATE!



SATURDAY, OCT 26 HAYS, KS

SHUTTERBUGS

Who should register:

4-H members in the north west area enrolled in the photography project who are interested in learning new skills and photography techniques! Family members may attend as well as long as they are registered. This is a great way to get a head start on your photography project!

LIVE WELL, LEAD WELL

Who should register:

All 4-H youth age 7 to 18 are asked to join us for an exciting afternoon (1 p.m. – 5 p.m.) packed with interactive, hands-on activities designed to help you build a Strong Mind, Active Heart, Helping Hands, and Healthy Lifestyles.

Location for both events:

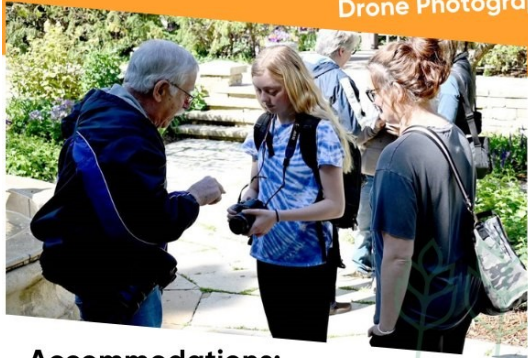
Agriculture Research Center, (Big Creek) 1232 240th Ave. Hays, Ks.

Times for both events:

Shutterbugs 8:30 – 12:00 Light Lunch Live Well, Lead Well 1:00 – 5:00

Event Topics:

- Black & White photos
- Composition
- Tricks with light--colored bottles
- Macro
- Reflections/Avoid reflections
- Bubbles
- New This Year: Drone Photography Demo



Accommodations:

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Accommodations for persons with disabilities may be requested by contacting Amy Collins by October 22 at 785-532-8300. Requests received after this date will be honored when it is feasible to do so.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service. K-State Research and Extension is an equal opportunity provider and employer.

Event Objective

Participants will learn and practice Yoga movements & breathing techniques, resting & active heart rates, become aware of benefits of helping others, and create a healthy smoothie.



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REGISTRATION LINK!

BEYOND READY 4-H Officer Training



November 15, 2024

6:00p.m. - 8:30p.m.

4-H Educational Building - Great Bend, KS
601 N Hwy 281, Great Bend, KS

If you've been elected to an important office in your 4-H Club. Come learn your roles and responsibilities for your club. 4-H alumni and other volunteers will be presenting the sessions.

Pizza and drinks will be provided

**RSVP with the link provided or
the QR code by November 6th**

https://kstate.qualtrics.com/jfe/form/SV_1zQ8Zp5wRgWnTL0



Barton County—620-793-1910

Ellis County—785-628-9430

Midway District—785-483-3157

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Parents come learn how to take your role BEYOND as a parent, leader, and volunteer. By learning about online resources, policy, and and helping 4-H'ers Thrive.

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REGISTRATION LINK!

LEADERS' CORNER



CLUB LEADERS—It is very important that you set up a Volunteer Profile in 4-H Online and verify that you have completed the volunteer training in 4-H Online! This helps us manage volunteer resources, training, and certification. Please remember that in order for a 4-H Club to be in good standing you must have TWO leaders who have current 4-H volunteer certification. As we begin the new 4-H year on Oct. 1, please complete your paperwork as well as working with 4-H families!



Please visit with your club's 4-H Council Representatives so that they are aware of their role and responsibility to attend 4-H Council and fulfill their elected duties. They serve as the conduit of information between the club and the county-wide 4-H Council.



Are you a member of the Kansas Association of 4-H Volunteers? Would you like to know more? Check out the information at <https://www.kansas4-h.org/volunteers/volunteer-association/index.html>. The association meets at least annually during KYLF in November.



At your October and November 4-H Club meetings, actively work with members to share about 4-H and recruiting new members! Some great resources can be found at: <https://www.kansas4-h.org/resources/leader-resources/clubcorner/index.html>

Also, a great resource for welcoming new members (and not just at the first meeting) can be found at https://bookstore.ksre.ksu.edu/download/welcoming-new-4-h-members_4H1117



Project Records—October and November are great times to begin the Project Record Process for the new year with Goal Setting! This can be a learning activity for a club meeting!

<https://www.kansas4-h.org/resources/awards-and-recognition/index.html>

2024-25 4-H Enrollment

Why enroll in October?

The goal of 4-H is project learning throughout the year, not just to produce a fair entry!

The sooner your family is enrolled, the sooner you are added to email lists for communication.

Clubs should not elect officers from non-enrolled 4-H members (that's hard to keep in mind during October officer elections!)

Selecting Projects—setting goals

Using the goal setting sheet (https://bookstore.ksre.ksu.edu/download/setting-4-h-project-goals_4H1100) is a great way to start your project year!


Keep in mind that winning Grand Champion or a purple ribbon is not a goal. Goals should be SMART: **Specific** (bake a cake), **Measurable** (understand and improve the texture of my cake), **Achievable** (I can do this myself or with help from a family member); **Relevant** (I am enrolled in the Foods & Nutrition project); **Timely** (one/week in Feb-May)

Why start Project Records in October?

By having Project Records out in October, you have the opportunity to look ahead for activities and events that provide learning/practice or where you need to practice at home.

For older youth, you may need to include leadership activities related to the project and this is much easier to plan in October or November than in September when the year is nearly complete.


4-H Online closed for access sometime in late September to prepare for the new 4-H year. As we get closer, watch for an announcement that 2024-2025 4-H Online enrollment is open!

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A 4-H Project: More than a Fair Entry


4-H project-based learning provides a place for youth to explore their interests and passions—or what we like to call their “spark!” Youth learn from caring adult volunteers, or in some cases through self-guided study, in projects in areas such as science, health, agriculture, and citizenship. Screened adult volunteers provide a safe and positive environment where youth learn by doing. Young people thrive through 4-H participation, finding their way to success in life and career.

Careful consideration should be used when selecting a 4-H project to enroll in for the year. A 4-H project has five components: Learning Experiences, Leadership, Citizenship, Exhibition, and Record Keeping. An explanation of each component can be found below. These five components can all be found along the Kansas 4-H Learning Pathway (4H1131).



Learning Experiences	Citizenship	Leadership	Exhibition/ Showcase	Record Keeping
<ul style="list-style-type: none">• Curriculum-guided activities• Project meetings• Kansas Clover Classroom• Educational tours• Workshops/clinics• State project events• KSJ Junior Producer Days• Judging contests• Public presentations• Interviewing the experts• Educational presentations• Quiz bowl contests• Skill-a-thon• How-to shows and online videos	<ul style="list-style-type: none">• Helping your community or others outside your family• Helping others without financial compensationExamples may include:<ul style="list-style-type: none">• Food drives• Sew and donate lap quilts to nursing home• Knit caps for newborns• Assist in community garden• Volunteer with Story Walk, featuring a book related to project work• Launch rocket with daycare or elementary grades	<ul style="list-style-type: none">• Teaching skills or information to others outside your family• Organizing or coordinating an event or activityExamples may include:<ul style="list-style-type: none">• Teach a workshop• Facilitate a group activity• Assist a Project Leader with project meeting• Plan a tour• Serve as a Junior/Teen Leader• Serve as a Junior Superintendent• Create project-related videos for use on social media	<ul style="list-style-type: none">• Contest (foods show, photography contest, wheat show, etc.)• 4-H Club Days• 4-H Project Displays• Livestock show• Educational presentation• County Fair• Kansas State Fair	<ul style="list-style-type: none">• Goal setting• Record of project work, income, expenses, and skills learned, etc.• Leadership and Citizenship• Project reflection• Pictures documenting learning and engagement

Local Contact Information

K-STATE Research and Extension  Kansas State University Agricultural Experiment Station and Cooperative Extension Service
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Kansas State University Agricultural Experiment Station and Cooperative Extension Service

A 4-H Project: More than a Fair Entry can be downloaded from:

https://bookstore.ksre.ksu.edu/download/4-h-project-more-than-a-fair-entry_4H1132

4-H Online Resources are available at:

<https://www.kansas4-h.org/resources/4-h-online/index.html>



SAVE THE DATE



October 12th 2024

It will take place at GBHS. We are baking treats and making thank-yous for First Responders.

Shifts Will Be Between 1pm-6pm



Club Leaders- Use this code to sign up for a time to bake as a club



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If the QR Code doesn't work, please register at <https://www.signupgenius.com/go/10C0D4FAFAD2FA5FEC70-51349772-484h>



Pupkin Spice

2024 Kansas 4-H Dog Conference

October 19-20, 2024
at Rock Springs
1168 KS-157
Junction City, KS 66441

Check-In at 11 AM Saturday
Depart at 11:30 AM Sunday



Join in the fall fun with your pup and 4-H friends!

FEATURING:

- Fun and interactive workshops on dog care, training, showing, making items for dogs and activities that can be done with dogs
- Quiz Bowl
- Photo Contest
- Video Presentations (submitted in advance)
- Showmanship State Fair Qualifier
- Dog Skill-A-Thon
- Spicetacular Dog Fashion & Talent Show
- Campfire (bring your own s'more supplies)
- Karaoke, board/card games, 9-square, gaga ball, basketball and rock climbing



Packing List

- If you choose to bring your dog: kennel or crate, dog food, water bowl, leash, poop bags, 4-H Dog Immunization Record, Showmanship leash and grooming supplies.
- Humans will need: bedding, towels, toiletries, comfortable walking shoes, casual clothing, Showmanship attire and warm layers for chilly temperatures.



Cost: \$165/person full

Register by October 1 at:



T-Shirts and hoodies are available for separate purchase with the design shown here. The exact shirts are not pictured, so the color of the shirts may vary.

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For more information and registration: [PUPKIN SPICE](https://pupkin-spice.com)

Junior Leaders

October 21 6 pm

4-H Council

October 21 7:30 pm

Council committees meet before the meeting or at 7 pm on meeting nights or may schedule meetings at other times.

Meetings are held at the 4-H Education Building (Hwy 281) OR Zoom Conference Call

New schedule—4-H Council determined at 8.16.24 meeting to meet on the following dates: Oct 21, Dec 16, Feb 17, Apr 21, and Aug 18. This is a **CHANGE** but minimizes meetings on holidays and for more efficient business at the beginning of the 4-H year.



LEADERSHIP GROWS HERE.

Kansas 4-H programs help kids grow into confident, capable and caring adults. Give your child the skills to lead for a lifetime.

Visit www.Kansas4-H.org

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Stay in touch with Cottonwood Extension District—Barton 4-H

www.cottonwood.ksu.edu

620-793-1910



K-State Research and Extension—Cottonwood Extension District

Barton County 4-H Members