It is the start of a new year—a new 4-H year!

New officers are installed, new members join our clubs, new projects are evaluated and new goals are set.

I’d like welcome a new 4-H Club to Cottonwood-Barton Co. The Cow Creek 4-H Club meet in the Odin/Claflin area and have filed for their charter. Please be sure to look for these new 4-H faces and set good examples of project work, leadership, citizenship, and teamwork!

This is also the time of year for adults to update their volunteer information (see the New Family Resource or Leader’s Corner page in the newsletter for more information) and most of it can now be done through 4-H Online!

As your family selects project areas, be willing to look at one that you are interested in but don’t know a lot about—set an example of trying something new! We have project materials at the Extension Office for most of areas that can be checked out. Keep in mind also that your 4-H member may be interested in a completely different project than the rest of the family. One of my former 4-H families all show goats; but their youngest, when asked by the judge what he learned, quipped, “I learned that I don’t like goats!” We all got a good chuckle out of that response but it’s true that not everyone likes the same projects. That’s OK!!

Life is a Grand Adventure – Make every day count!
The theme of the 2019 National 4-H Week, which takes place from October 6 – 12, is **Inspire Kids to Do!**

**What does YOUR club have planned?**

Be sure to post photos or send to Michelle so that we can share in your successes!

Tractor Supply Co is helping to support 4-H!

From Oct. 9-20, you may purchase a Paper Clover knowing that the proceeds are divided 90% for Kansas 4-H and 10% for National 4-H!

Has your club registered 48 Hours of 4-H projects yet? We hope every Extension Unit will join us this fall in seeing just how much we can give back to our communities!

Invite your friends, clubs, adult volunteers, potential 4-H members and 4-H Alums too! This year you can even follow us on a [Facebook Event](#) to keep up to date! Check that you are interested so updates hit your feed!

It's time to make plans for your club to participate. Check out the [website](#) for a helpful guide, and to register your 484H projects(s).

Be watching the Facebook Event to win some prizes and get excited about serving our communities.

Congratulations to the 4-H members who had entries selected for special awards during the KSF.

- **Woodson Corbett**—Visual Arts to Rock Springs Ranch
- **Paige Stacey**—Visual Arts to Rock Springs Ranch
- **Noah Deines**—Photo to KSU Dean of Ag office
- **Alaina Straub**—Photo received Sunflower Award

**Friend of 4-H Award**

The Friend of 4-H Award is given to an individual/couple or business for their dedication of time and talent to the Barton County 4-H program. They help because they believe in YOU! Each club may make a written nomination by **Oct. 1**. 4-H Council will vote at the Oct. 21st meeting.
New Family Resource Page

This page is dedicated to the new and not-so-new 4-H families who may have questions about upcoming events and activities. If you have a question, send it to Michelle and we’ll include it!

Q1. Volunteer Process—I’d like to volunteer with our club or help with a project area. What do I need to do?

A1. There is a new volunteer process and it applies to both brand-new and returning volunteers. Please review the process document at https://www.kansas4-h.org/resources/volunteers/volunteer-screening-resources/Volunteer%20Screening%20Policy%20and%20Procedures%202019%20Final.pdf for detailed information.

Volunteers are a crucial part of providing youth with a safe environment to explore and expand their skills in project learning as well as communication skills and leadership. If you have a hobby or work experience that would enhance a youth’s project learning, please contact Michelle for more information!

Q2. Reenrollment/New Enrollment—Are there resources to help us with the Enrollment or Reenrollment process?

A2. There sure are! Check out https://cottonwood.k-state.edu/barton-county4h/Barton_howTojoin4h.html. There are links on the page that will take you to the Enrollment or Reenrollment information. Parents—be sure to complete your information as a volunteer during this process.

Q3. Setting Goals—We always get to the end of the year and realize that we didn’t write up project goals very well and we’d like to have a better plan of what to learn this year. Is there a resource to help with goal setting?

A3. Goal setting is an important part of the learning process. We have a goal setting worksheet that can be used to organize goals and plans for each project. https://cottonwood.k-state.edu/barton-county4h/barton_4h_docs/4H1100-2.pdf

Q4. How many projects should my 4-H member enroll in?

A4. Remember that projects are about learning so it is better to enroll in less projects and really dive into them! For a first or second year 4-H member who is under 10, I would recommend no more than 2-3 projects. I realize the project guide is a bit like the check-out lane at the grocery store “But I want that too!”. However, too many projects will overwhelm you and your 4-H member.
Leaders—a couple of your priorities in the next month include:

* **Officer Elections** (and returning the form to the Extension Office by 10/10/19!)  
  https://cottonwood.k-state.edu/ barton-county4h/barton_4h_docs/officer_and_leader_list.pdf

* **Financial Reviews**—every organization that holds a financial account (club, 4-H council, Junior Leaders etc.) MUST provide a completed financial review form. The deadline for a completed form is Oct. 25. These will be presented to the Cottonwood Extension Board for review at the November or December meeting. Be sure these are completed timely as this can affect the status of your charter.  
  https://www.ksre.k-state.edu/ employee_resources/forms/admin_forms/KSU4-3.pdf

* **Recruiting and including new 4-H members**—does your club have a plan for recruiting new members? How do you include a potential or new member in meetings and activities?

* **Teaching/Activity**—Does your club meeting include a learning activity? Do you have resources or need help with teaching goal setting, specific project learning, or record keeping? If so, let Michelle know!

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We have developed and provided a video resource for assisting with Record Books! This video is available at the link below and can be shown at your club meetings.

https://www.youtube.com/watch?v=ZFN2b6GhLg

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**REGISTERED VOLUNTEER UPDATE!!!!**

As Club/Project Leaders, including Ambassadors and Junior Leaders, making sure that we have adults provide a safe environment is crucial and Volunteer Screening is an important part! This year, you will update YOUR volunteer profile in 4-H Online as well as enrolling your 4-H member for the 2019-2020 year. For those who are due for their 3-year renewal, please address this immediately. Michelle will be reaching out to those who are due for 3-year rescreening with the link for the background check.

If you are a new leader who has not completed the background check, you will need to start the process with the 4-H Online enrollment and Michelle will follow up from there.

Please keep in mind the seriousness of having our volunteers screened as it can affect your status as a club/project leader.

Links to the process can be found on the New Family Resource Page or at  
https://www.kansas4-h.org/resources/volunteers/volunteer-screening-resources/Volunteer%20Screening%20Policy%20and%20Procedures%202019%20Final.pdf
2020 4-H Air Rifle/Pistol Info

The air rifle and air pistol projects are disciplines of the 4-H Shooting Sports Program. It is for 4-H members ages 8 to 18 years of age. In this project the youth learn firearm safety, parts of and the operation of firearms, three shooting positions (prone, kneeling and standing) for the rifle portion, shooting range rules and etiquette and have the opportunity to shoot in a safe, supervised environment. The weekly meetings are held at an indoor range set up specifically for the air rifle/air pistol projects. All rifles, pistols, pellets, targets and equipment are provided by the Barton County 4-H Air Rifle program. The 1st six weeks are mandatory to complete all the required training needed for the project. There is a $20 charge per member to cover the costs of pellets and targets. From January through March, there are opportunities to compete in matches with other 4-H members from across the state with a state match that takes place in April for those that qualify.

2020 4-H Small Bore Rifle/Pistol Info

THE 1ST SIX WEEKS OF THE AIR RIFLE/AIR PISTOL PROGRAM IS MANDATORY FOR PARTICIPATION IN THE SMALL BORE PROJECT. THOSE SIX WEEKS START ON OCT. 29, 2019!

The smallbore project is a discipline of the 4-H Shooting Sports Program. It is for 4-H members ages 10 to 18 years of age. This project extends the knowledge gained in the air rifle/air pistol project. In this project the youth learn firearm safety, the parts of and operation of small bore (.22 caliber) rifles and/or pistols, three shooting positions (prone, kneeling and standing) for rifle, how the environment and weather affect rifle performance, shooting range rules and etiquette and have the opportunity to shoot in a safe, supervised environment. The weekly meetings are held at a local gun club with an area reserved for use by the 4-H small bore program. In this project, most rifles are provided by the 4-H members (the program does have 3 rifles that can be used if someone needs one) and all pistols must be provided by 4-H members. Any firearms provided by 4-H members must pass inspection by the shooting instructors. Ammunition is provided by the 4-H member and must meet certain specifications. It can be purchased through the 4-H small bore program. There is a $10 charge per member to cover the costs of targets. During late summer, mainly August, there are opportunities to compete in matches with other 4-H members from across the state. A state match takes place in October for those that qualify.

Equine Extravaganza!

The 4-H Equine Extravaganza, Saturday, November 9, Rock Springs brings together novice and professional horsemen in a one-of-a-kind setting for cross learning from beginning to advanced techniques, skills and knowledge.

This one-day event promises to spark an interest in youth to achieve greatness by participating in the 4-H Horse Panorama, competing in a Horse Judging Contest or exhibiting at the District Horse Show. The adult volunteer will be encouraged to mentor youth through additional training or preparing for these contests. Plus, youth can participate in an Achievement Level 1 review and testing with an option to complete the groundwork on site too.

Registration [http://www.cvent.com/d/6yq4d3](http://www.cvent.com/d/6yq4d3) closes Oct. 15 and costs per person $20. Overnight lodging available at an additional cost.

Congratulations to 4-H Members who participated in the State Archery Shooting Sports Meet in September!

Participants were:

- Nathaniel Wutka
- Colton McPherson
- Jayla Wyant
- Chason Ramsey
- Cole Ringwald
- Elasildai Lopez
- DJ Wyant

![Target](image)
2019 Dog Conference and Quiz Bowl—Rock Star 4-H Dogs


**Track 2** is open only to current dog teams or dog teams ready to advance into more advanced training. 2019 will focus on advanced agility. Participants must choose Track 1 classes or follow Track 2. It is not possible to mix-and-match tracks.

**When:** October 19-20, 2019  
**Where:** Rock Springs 4-H Center, near Junction City, KS  
**Who:** 4-H members 7-18 years of age. Only one dog is allowed per youth participant that must be noted on the registration form. Dogs are optional and may be included in the conference to aid in their socialization skills. However, youth do not have to bring a dog to participate. Parents and volunteer leaders are also invited.

**Chaperoning:** All youth must be chaperoned by a parent, 4-H leader or KSRE staff person. Parents may chaperone multiple children from their immediate family. Parents may not chaperone participants who are not in their immediate family. Screened volunteer leaders may chaperone other youth with parental permission from their county/district. KSRE staff members may chaperone any youth with parental permission from any Kansas county/district.

**Register until Oct. 7, 2019 at:** [Click Here to Register]  
**Registration Fee:** Cost is $125.00 for full-time participants, $75.00 for Saturday only and $50.00 for Sunday only. T-shirts and hoodies may be ordered on-line for an additional cost of $11.00 and $27.00 respectively.  
**Registration Deadline:** October 7, 2019, 11:59 p.m. There is a $25 cancellation fee once participants have registered on CVent through October 7, 2019. No refunds will be given beginning on October 8, 2019.

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**Important Cottonwood 4-H Policy Changes!!!**

Based on recommendations from the 4-H Youth Development PDC, the Cottonwood Extension Board approved several changes to the 4-H policy for the district. This will be posted on the Cottonwood-Barton 4-H website in the near future.

1) **Deadlines are deadlines; no 24-hour grace period.** If a deadline falls on a weekend or legal holiday, the deadline is the end of the first business day following.

2) **Re-enrollment must be completed by December 1 to participate in the county fair.** New enrollments will be accepted until May 1 to participate in county fair. May 1 remains the deadline to add/change projects (unless a livestock project and 4-H member must be enrolled in that project prior to weigh in date.)

3) **Out of County Participation will include requirements in addition to state requirements** (state policy requires that both Extension Boards provide approval). These will include parents who are screened volunteers including the Code of Conduct; also a letter of good standing must be provided from the home county.

4) **Financial Reviews must be completed and turned in to the Extension Office by Nov. 1**

5) **Transportation to events shall be the responsibility of each individual parent/club.** Agents will assist and coordinate when possible.
Thank You Notes—Have you made time to send a written Thank-You note to a fair sponsor, an auction buyer, a mentor or leader who helped you this year?
UPCOMING EVENTS AND DEADLINES—MARK YOUR CALENDARS!

Oct

1—Nominations for Friend of 4-H due to Extension Office
4/5—Drone and Robotics Olympics, Cosmosphere
5—Projects Under Construction Camp, FHSU Union

7-13—National 4-H Week

10—Club Officer and Leader Forms due to Extension Office
   - Club Summary due to Extension Office (for club seal)
     https://cottonwood.k-state.edu/barton-county4h/barton_4h_docs/4-H_Club_summary.pdf

12/13—484H

19/20—Dog Conference and Quiz Bowl, Rock Springs Ranch

21—Junior Leaders meetings at 6:00; 4-H Council Meeting at 7:30 (Achievement Banquet committee
   Needs to meet prior to 4-H Council!)

25—Club Financial Reviews (ANY 4-H entity with a checkbook! Community Club, Dog, Horse, 4-H
   Council, Junior Leaders, Ambassadors) https://www.ksre.k-state.edu/employee_resources/forms/admin_forms/
   KSU4-3.pdf

26—4-H Community Conversations, Youth Citizen Open Forum, Manhattan

29—Info meeting for Shooting Sports Air Rifle and Air Pistol participants

Nov

9—4-H Equine Extravaganza, Rock Springs Ranch

23/24—KYLF (Kansas Youth Leadership Forum/Kansas 4-H Volunteer Forum), Rock Springs Ranch