

# Photo Contest



Achieve your goals and capture your Walk Kansas journey this year in our photo challenge! Share your activity and healthy eating successes as well as motivational and inspirational messages that have helped you succeed to inspire others.

## How to enter:

- Submit a high-resolution digital photo before May 12 to [sharolyn@ksu.edu](mailto:sharolyn@ksu.edu).  
(Photos must be 3 mb or larger)
- Include your name, email, mailing address, and appropriate release forms.
- All photos submitted must include a signed Photo Reprint Permission Form:  
<http://www.communications.k-state.edu/doc/forms/PhotoReprintPermission.pdf>
- Photos that show faces of individuals must also include a Publicity/Photo Release signed by each individual:  
<http://www.communications.k-state.edu/doc/forms/PhotoConsntRIsForm.pdf>
  - Submit signed release forms via email to [sharolyn@ksu.edu](mailto:sharolyn@ksu.edu) or  
NE Area Extension Office, 1007 Throckmorton Hall, Manhattan, KS 66506

## Challenge rules:

- Photos submitted become property of K-State Research and Extension to be used in marketing materials
- Selected photographers will receive a Walk Kansas SportTek shirt\*
- Photographers must be a current Walk Kansas participant

## Questions?

Contact Sharolyn Jackson via email: [sharolyn@ksu.edu](mailto:sharolyn@ksu.edu) or phone: 785-532-2273

*\*Only one incentive item awarded per person.*